



# GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Maria DiMartin, Youth & Family Director  
resysports@bcfymca.org

Fall 2024 Session: September 1st - November 30th, 2024

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B
5:30	CLOSED		Open Gym 5:30AM-8:45AM	Open Gym 5:30AM-7:30AM	Open Gym 5:30AM-9:00AM	Open Gym 5:30AM-7:30AM	Open Gym 5:30AM-9:00AM	Open Gym 5:30AM-7:45AM
6:00								
6:30								
7:00								
7:30								
8:00	Open Gym 8:00AM-3:00PM	Open Gym 7:30AM-8:15AM	Land Group Exercise 9:00AM-10:30AM	Pickleball Open Play 7:30AM-4:30PM	Land Group Exercise 9:00AM-10:30AM	Pickleball Open Play 7:45AM-9:00AM	Land Group Exercise 9:00AM-10:30AM	Program Set-Up 7:45AM-8:00AM
8:30								
9:00								
9:30								
10:00								
10:30								
11:00								
11:30								
Noon								
12:30								
1:00	Birthday Parties* 10:30AM-2:00PM	Pickleball 8:45AM-2:45PM	Open Gym 10:30AM-4:30PM	Open Gym 10:30AM-5:00PM	Pickleball Open Play 11:00AM-4:00PM	Pickleball Open Play 10:30AM- 3:30PM	Pickleball Open Play 8:00AM-3:30PM	
1:30								
2:00								
2:30								
3:00								
3:30								
4:00								
4:30								
5:00								
5:30								
6:00	CLOSED		Basketball Clinics 4:30PM-8:15PM	Volleyball Program 6:00PM-9:00PM	Pickleball Open Play 5:00PM-9:30PM	Pickleball Open Play 5:00PM-9:00PM	Youth Volleyball Clinics 5:00PM-9:00PM	Open Gym 3:30PM-9:30PM
6:30								
7:00								
7:30								
8:00								
8:30								
9:00			Open Gym 8:15PM-9:30PM				Open Gym 9:00PM-9:30PM	
9:30								

<p><b>*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.</b></p> <p><b>PROGRAMS HAVE PRIORITY OF GYM USAGE.</b></p> <p><b>OUTSIDE PROGRAMS MAY COME IN DUE TO WEATHER DURING OPEN GYM.</b></p> <p><b>SCHEDULE IS SUBJECT TO CHANGE.</b></p>	<p align="center"><b>Gym Guidelines &amp; Open Gym Rules</b></p> <ul style="list-style-type: none"> <li>• Anyone in the gym will follow guidelines and rules posted in the gymnasium             <ul style="list-style-type: none"> <li>• The intentional destruction of Y property will not be tolerated.</li> </ul> </li> <li>• Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.             <ul style="list-style-type: none"> <li>• Youth 7 and younger must be accompanied by an adult.</li> </ul> </li> <li>• Full Court play may be restricted when only one court is open.</li> </ul> <p align="center"><b>NO FOOD, DRINKS, OR GUM allowed in the gym.</b></p>
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	THURSDAY		FRIDAY		SATURDAY	
	CT A	CT B	CT A	CT B	CT A	CT B
5:30	Open Gym 5:30-9:00AM	Open Gym 5:30-7:30AM	Open Gym 5:30AM-9:00AM	Open Gym 5:30AM-7:15AM	Open Gym 5:30AM-11:00AM	
6:00						
6:30		Net Set-Up 7:30AM-7:45AM		Net Set-Up 7:15AM-7:30AM		
7:00						
7:30		Pickleball Open Play 7:45AM-9:15PM		Land Group Exercise 9:00AM-10:30AM		
8:00						
8:30		Program Set-Up 9:00AM-9:15AM		Land Group Exercise 9:15AM-10:30AM		
9:00						
9:30	Land Group Exercise 9:15AM-10:30AM	Gym Jamboree 10:30AM-12:00PM				
10:00						
10:30	Pickleball Open Play 10:30AM-4:30PM	Pickleball Open Play 11:00AM-3:30PM	Open Gym 1:00PM-9:30AM	Pickleball Open Play 7:30AM-3:30PM	Open Gym 5:30AM-6:00PM	Pickleball Clinics & Events 11:00AM-3:15PM
11:00						
11:30		Preschool Gym Class 12:00PM-1:00PM				
Noon						
12:30		Open Gym 3:30PM-6:30PM				
1:00						
1:30		Open Gym 4:30PM-6:30PM				
2:00						
2:30		Program Set-Up 6:30PM-7:00PM				
3:00						
3:30	Open Gym 5:30AM-11:00AM					
4:00						
4:30	Program Set-Up 6:30PM-7:00PM					
5:00						
5:30	Pickleball League 7:00PM-9:30PM					
6:00						
6:30	Pickleball League 7:00PM-9:00PM					
7:00						
7:30	Pickleball League 7:00PM-9:00PM					
8:00						
8:30	Pickleball League 7:00PM-9:00PM					
8:30						
9:00	Pickleball League 7:00PM-9:00PM					
9:30						
	CLOSED					