



# AQUATIC SCHEDULE

BUTLER YMCA  
Begins February 4, 2025

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY											
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN										
5:30am	<b>CLOSED</b>		<b>Open Swim</b> 5:30am-12:00pm		<b>Open Swim</b> 5:30am-9:30am		<b>Open Swim</b> 5:30am-10:15am		<b>Open Swim</b> 5:30am-11:30am									
6:00																		
6:30																		
7:00																		
7:30																		
8:00																		
8:30																		
9:00																		
9:30																		
10:00	<b>Open Swim</b> 10:00am-2:00pm		<b>Open Swim</b> 10:00am-2:00pm		<b>Pool Jogging w/HIIT Blasts &amp; Abs</b> 9:30am-10:30am		<b>Aqua for Arthritis</b> 10:15am-11:00am		<b>Open Swim</b> 5:30am-1:00pm									
10:30																		
11:00																		
11:30					<b>Open Swim</b> 5:30am- 3:15pm		<b>Work it in the Water</b> 12:00pm-12:45pm		<b>Open Swim</b> 10:30am-1:00pm		<b>Gentle Water Exercise</b> 11:00am-11:45am		<b>Aqua Weight Training</b> 11:30am-12:15pm					
Noon																		
12:30																		
1:00																		
1:30																		
2:00					<b>CLOSED</b>		<b>Open Swim</b> 12:45pm-1:30pm		<b>CLOSED</b> 1:00pm-3:00pm		<b>CLOSED</b> 1:00pm-3:00pm		<b>YOGA H2O</b> 12:15pm-1:00pm					
2:30																		
3:00																		
3:30	<b>Knoch Swim Team</b> 3:15pm-4:00pm 5 lanes		<b>Open Swim</b> 2:15pm-5:00pm										<b>CLOSED</b> 1:00pm-3:00pm		<b>CLOSED</b> 1:00pm-3:00pm		<b>Aqua Dance Party</b> 1:30pm-2:15pm	
4:00																		
4:30																		
5:00																		
5:30	<b>CLOSED</b>		<b>Butler Barracuda &amp; Knoch Swim Teams</b> 4:00pm-5:00pm 5 lanes										<b>Knoch Swim Team</b> 3:15pm-4:00pm 5 lanes		<b>Open Swim</b> 3:00pm-5:00pm		<b>Open Swim</b> 3:00pm-5:00pm	
6:00																		
6:30																		
7:00					<b>Butler Barracuda &amp; Knoch Swim Teams</b> 4:00pm-5:00pm 5 lanes		<b>Swim Lessons</b> 5:00pm-7:15pm		<b>Swim Lessons</b> 5:00pm-6:30pm		<b>Swim Lessons</b> 5:00pm-7:00pm							
7:30																		
8:00																		
8:30																		
9:00					<b>Open Swim</b> 7:30pm-8:00pm		<b>Open Swim</b> 7:15pm-8:00pm		<b>Swim Lessons</b> 5:00pm-7:30pm 4 lanes =====		<b>Open Swim</b> 6:30pm-8:00pm						<b>Swim Lessons</b> 5:00pm-7:30pm 4 lanes 1 lane open for members	
9:30																		
10:00																		
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11:00																		
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12:00																		
12:30																		
1:00	<b>Open Swim</b> 7:30pm-8:00pm		<b>Open Swim</b> 7:30pm-8:00pm		<b>Swim Lessons</b> 6:30pm-8:00pm		<b>Open Swim</b> 7:30pm-8:00pm		<b>Open Swim</b> 7:00pm-8:00pm									
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8:00																		

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available. Please check with the Swim Lesson Coordinator for times and pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- When a birthday party is scheduled in Pool 2, half of the pool will still be open to other members.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time
- **Swim Lessons run week of January 6 through week of February 17, 2025 (7 weeks) then OPEN swim.**



# AQUATIC SCHEDULE

BUTLER YMCA  
Begins February 4, 2025

	THURSDAY		FRIDAY		SATURDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am	Open Swim 5:30am-9:30am	Open Swim 5:30am-11:00am	Open Swim 5:30am-9:15am	Open Swim 5:30am-9:00am		
6:00						
6:30						
7:00						
7:30						
8:00	Deep H2O Suspension 9:30am-10:30am	Gentle Water Exercise 11:00am-11:45am	Aqua Intervals 9:15am-10:15am	YMCA Child Care Swim Lessons 9:00am-11:30am	Open Swim 7:30am-5:30pm =====	Open Swim 7:30am-9:00am
8:30						
9:00						
9:30						
10:00						
10:30	Open Swim 10:30am-1:00pm	Total Body Conditioning 12:00pm-12:45pm	Open Swim 10:15am-3:15pm	Homeschool Gym & Swim 11:30am-12:30pm	Swim Lessons (1 lane) 9:30am-12:00pm	Swim Lessons 9:00am-12:30pm
11:00						
11:30						
Noon						
12:30						
1:00	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	Knoch Swim Team 3:15pm-4:00pm 5 lanes	Open Swim 12:30pm-7:00pm	CLOSED	CLOSED
1:30						
2:00						
2:30						
3:00						
3:30	Butler Barracuda & Knoch Swim Teams 4:00pm-5:00pm 5 lanes	Open Swim 3:00pm-8:00pm	Knoch Swim Team 3:15pm-4:00pm 5 lanes	Butler Barracuda & Knoch Swim Teams 4:00pm-5:00pm 5 lanes	CLOSED	CLOSED
4:00						
4:30						
5:00						
5:30						
6:00	5:00pm-7:30pm 4 lanes	Butler Barracuda & Knoch Swim Teams 4:00pm-5:00pm 5 lanes	5:00pm-7:00pm 4 lanes 1 lane open for members	CLOSED	CLOSED	CLOSED
6:30						
7:00						
7:30						
8:00						
	=====					
	Swim Lessons (1 lane) 6:15pm-7:00pm		CLOSED	CLOSED		



**Test. Mark. Protect.**

- Ages 12 and under must pick-up a swim band before entering the pool.
- Bands indicate swimming ability.
- Red= Non-Swimmer
- Green=Swimmer
- Ages 7 and under require reach supervision from an adult in the water regardless of band color.
- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.
- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

**Green Band Swim Testing Times**  
 Monday-Wednesday 9:00am-6:30pm  
 Friday 9:00am-6:30pm  
 Saturday 9:00am-4:30pm  
 Sundays 10:00am-1:30pm