



# GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Ben Antal, Sports Coordinator  
resysports@bcfymca.org

## Spring 2025 | March 2nd - May 31st

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B	
5:30	CLOSED		<b>Open Gym</b> 5:30AM-8:45AM	<b>Open Gym</b> 5:30AM-7:25AM	<b>Open Gym</b> 5:30AM-8:45AM	<b>Open Gym</b> 5:30AM-7:30AM	<b>Open Gym</b> 5:30AM-9:00AM	<b>Open Gym</b> 5:30AM-7:45AM	
6:00									Program Set-Up 7:25AM-7:30AM
6:30									
7:00									
7:30									
8:00	Pickleball 8:30AM-1:00PM	Pickleball Open Play 7:30AM-2:30PM	Pickleball Open Play 7:30AM-2:30PM	Pickleball Open Play 7:30AM-2:30PM	Childcare Gym Class 10:30AM-12:00PM	Pickleball Open Play 11:00AM-2:00PM	Pickleball Open Play 11:00AM-2:00PM	Pickleball Open Play 8:00AM-2:00PM	
8:30									Program Set-Up 8:45AM-9:00AM
9:00									Land Group Exercise 9:00AM-10:30AM
9:30									
10:00									
10:30									
11:00									
11:30									
Noon									
12:30									
1:00	<b>Open Gym</b> 1:00PM-3:00PM	<b>Open Gym</b> 10:30AM-4:30PM	<b>Open Gym</b> 10:30AM-4:30PM	<b>Open Gym</b> 10:30AM-4:30PM	<b>Open Gym</b> 12:00PM-5:45PM	<b>Open Gym</b> 2:00PM-4:45PM	<b>Open Gym</b> 2:00PM-4:45PM	<b>Open Gym</b> 2:00PM-9:30PM	
1:30									
2:00									
2:30									
3:00									
3:30	CLOSED	Basketball & Soccer Clinics 5:00PM-9:00PM	Basketball & Soccer Clinics 5:00PM-9:00PM	Volleyball Program 6:00PM-9:00PM	<b>Open Gym</b> 6:00PM-9:30PM	Pickleball Open Play 5:00PM-8:00PM	Youth Volleyball Programs 5:00PM-9:30PM	<b>Open Gym</b> 8:00PM-9:30PM	
4:00									
4:30									Program Set-Up 4:30PM-5:00PM
5:00									
5:30									Program Set-Up 5:45PM-6:00PM
6:00									
6:30									
7:00									
7:30									
8:00									
8:30									
9:00									
9:30									
<p><b>*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.</b></p>				<p><b>Gym Guidelines &amp; Open Gym Rules</b></p> <ul style="list-style-type: none"> <li>Anyone in the gym will follow guidelines and rules posted in the gymnasium               <ul style="list-style-type: none"> <li>The intentional destruction of Y property will not be tolerated.</li> </ul> </li> <li>Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.               <ul style="list-style-type: none"> <li>Youth 7 and younger must be accompanied by an adult.</li> </ul> </li> <li>Full Court play may be restricted when only one court is open.</li> </ul> <p><b>NO FOOD, DRINKS, OR GUM allowed in the gym.</b></p>					
<p><b>PROGRAMS HAVE PRIORITY OF GYM USAGE.</b></p> <p><b>OUTSIDE PROGRAMS MAY COME IN DUE TO WEATHER DURING OPEN GYM.</b></p> <p><b>SCHEDULE IS SUBJECT TO CHANGE.</b></p>									



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## Spring 2025 | March 2nd - May 31st

	THURSDAY		FRIDAY		SATURDAY			
	CT A	CT B	CT A	CT B	CT A	CT B		
5:30	<b>Open Gym 5:30AM-9:00AM</b>	<b>Open Gym 5:30AM-7:30AM</b>	<b>Open Gym 5:30AM-9:00AM</b>	<b>Open Gym 5:30AM-7:45AM</b>	<b>Open Gym 5:30AM-8:30AM</b>	<b>Open Gym 5:30AM-8:45AM</b>		
6:00								
6:30								
7:00								
7:30		Pickleball Open Play 7:30AM-9:15PM		Program Set-Up 7:45AM-8:00AM				
8:00								
8:30							Program Set-Up 8:30AM-9:00AM	Program Set-Up 8:45AM-9:00AM
9:00							Program Set-Up 9:00AM-9:30AM	Program Set-Up 9:00AM-9:30AM
9:30	Land Group Exercise 9:30AM-10:30AM	Program Set-Up 9:15AM-9:30AM	Land Group Exercise 9:30AM-10:30AM	Pickleball Open Play 8:00AM-2:00PM	Pickleball Clinic 9:00AM-11:30AM	Youth Basketball Leagues 9:00AM-11:30AM		
10:00	Homeschool Gym 9:45AM-10:45AM	Land Group Exercise 9:30AM-10:30AM	Program Set-Up 10:30AM-11:00AM					
10:30	<b>Open Gym 10:45AM-12:30PM</b>	Program Set-Up 10:30AM-11:00AM	Gym Jamboree & Preschool Gym Class 11:00AM-1:00PM					
11:00								
11:30		Pickleball Open Play 11:00AM-2:00PM						
Noon								
12:30	Pickleball Open Play 12:30PM-2:00PM	<b>Open Gym 1:00PM-9:30PM</b>	<b>Open Gym 2:00PM-9:30PM</b>	<b>Open Gym 11:30AM-6:00PM</b>	<b>Open Gym 11:30AM-6:00PM</b>			
1:00								
1:30								
2:00	<b>Open Gym 2:00PM-4:45PM</b>	<b>Open Gym 2:00PM-6:45PM</b>	<b>Open Gym 1:00PM-9:30PM</b>	<b>Open Gym 2:00PM-9:30PM</b>	<b>Open Gym 11:30AM-6:00PM</b>	<b>Open Gym 11:30AM-6:00PM</b>		
2:30								
3:00								
3:30								
4:00								
4:30							Program Set-Up 4:45PM-5:00PM	
5:00							Youth Hockey League 5:00PM-6:30PM	Program Set-Up 6:45AM-7:00PM
5:30								
6:00	Program Set-Up 6:30PM-7:00PM	Program Set-Up 6:45AM-7:00PM						
6:30	Pickleball League 7:00PM-9:30PM	Pickleball & Basketball Leagues 7:00PM-9:30PM	Birthday Parties* 6:00M-8:00PM	<b>Open Gym 11:30AM-6:00PM</b>	<b>Open Gym 11:30AM-6:00PM</b>			
7:00								
7:30								
8:00								
8:30								
9:00								
9:30								