



AQUATIC SCHEDULE

BUTLER YMCA

Begins March 3, 2025

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY												
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN											
5:30am	CLOSED		Open Swim 5:30am- 3:15pm	Open Swim 5:30am-12:00pm	Open Swim 5:30am-9:30am	Open Swim 5:30am-10:15am	Open Swim 5:30am-9:00am	Open Swim 5:30am-11:30am											
6:00																			
6:30																			
7:00					Pool Jogging w/HIIT Blasts & Abs 9:30am-10:30am	Swim Lessons (1 lane) 9:00am-10:05am	Kicks & Currents 9:00am-10:00am												
7:30																			
8:00																			
8:30					Open Swim 10:00am- 2:00pm	Open Swim 10:00am- 2:00pm	Open Swim 5:30am- 3:15pm		Work it in the Water 12:00pm-12:45pm	Open Swim 10:30am-1:00pm	Aqua for Arthritis 10:15am-11:00am	Open Swim 10:00am-1:00pm	Aqua Weight Training 11:30am-12:15pm						
9:00																			
9:30																			
10:00	CLOSED	CLOSED	CLOSED	CLOSED				CLOSED		CLOSED	CLOSED								
10:30																			
11:00																			
11:30												Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Open Swim 11:45am-1:00pm	YOGA H2O 12:15pm-1:00pm				
Noon																			
12:30																			
1:00					CLOSED	CLOSED	Open Swim 12:45pm-1:30pm		Aqua Dance Party 1:30pm-2:15pm			CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm				
1:30																			
2:00																			
2:30	Knoch Swim Team 3:15pm-4:00pm 5 lanes	Open Swim 2:15pm-5:00pm	Knoch Swim Team 3:15pm-4:00pm 5 lanes	Open Swim 3:00pm-5:00pm				Knoch Swim Team 3:15pm-4:00pm 5 lanes		Open Swim 3:00pm-5:00pm	Open Swim 3:00pm-5:00pm								
3:00																			
3:30																			
4:00												CLOSED	CLOSED	Butler Barracuda & Knoch Swim Teams 4:00pm-5:00pm 5 lanes	Swim Lessons 5:00pm-7:15pm	Butler Barracuda & Knoch Swim Teams 4:00pm-5:00pm 5 lanes	Swim Lessons 5:00pm-6:30pm	Butler Barracuda & Knoch Swim Teams 4:00pm-5:00pm 5 lanes	Swim Lessons 5:00pm-7:00pm
4:30																			
5:00																			
5:30					5:00pm-7:45pm 4 lanes 1 lane open for members	Swim Lessons 5:00pm-7:15pm	5:00pm-7:45pm 4 lanes 1 lane open for members		Open Swim 6:30pm-8:00pm							5:00pm-7:45pm 4 lanes 1 lane open for members	Open Swim 6:30pm-8:00pm	Open Swim 6:30pm-8:00pm	
6:00																			
6:30																			
7:00	Open Swim 7:45pm-8:00pm	Open Swim 7:15pm-8:00pm	Open Swim 7:45pm-8:00pm	Open Swim 7:45pm-8:00pm				Open Swim 7:45pm-8:00pm		Open Swim 7:45pm-8:00pm									
7:30																			
8:00																			

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available. Please check with the Swim Lesson Coordinator for times and pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- When a birthday party is scheduled in Pool 2, half of the pool will still be open to other members.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time
- **Swim Lessons run week of March 3 through week of April 14, 2025 (7 weeks) then OPEN swim.**



AQUATIC SCHEDULE

BUTLER YMCA
Begins March 3, 2025

	THURSDAY		FRIDAY		SATURDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am	Open Swim 5:30am-9:30am	Open Swim 5:30am-11:00am	Open Swim 5:30am-9:15am	Open Swim 5:30am-9:00am		
6:00						
6:30						
7:00						
7:30						
8:00	Deep H2O Suspension 9:30am-10:30am	Gentle Water Exercise 11:00am-11:45am	Aqua Intervals 9:15am-10:15am	YMCA Child Care Swim Lessons 9:00am-11:30am	Open Swim 7:30am-5:30pm =====	Open Swim 7:30am-9:00am
8:30						
9:00						
9:30						
10:00						
10:30	Open Swim 10:30am-1:00pm	Total Body Conditioning 12:00pm-12:45pm	Open Swim 10:15am-3:15pm	Homeschool Gym & Swim 11:30am-12:30pm	Swim Lessons (1 lane) 9:30am-12:00pm	Swim Lessons 9:00am-12:30pm
11:00						
11:30						
Noon						
12:30						
1:00	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	Knoch Swim Team 3:15pm-4:00pm 5 lanes	Open Swim 12:30pm-7:00pm	CLOSED	Open Swim 12:30pm-5:30pm
1:30						
2:00						
2:30						
3:00						
3:30	Butler Barracuda & Knoch Swim Teams 4:00pm-5:00pm 5 lanes	Open Swim 3:00pm-8:00pm	Knoch Swim Team 3:15pm-4:00pm 5 lanes	Open Swim 12:30pm-7:00pm	CLOSED	CLOSED
4:00						
4:30						
5:00						
5:30						
6:00	5:00pm-7:45pm 4 lanes	Open Swim 3:00pm-8:00pm	Butler Barracuda & Knoch Swim Teams 4:00pm-5:00pm 5 lanes	Open Swim 12:30pm-7:00pm	CLOSED	CLOSED
6:30						
7:00						
7:30						
8:00						
	=====					
	Open Swim (1 lane) 5:00pm-7:45pm		CLOSED	CLOSED		



Test. Mark. Protect.

- Ages 12 and under must pick-up a swim band before entering the pool.
- Bands indicate swimming ability.
- Red= Non-Swimmer
- Green=Swimmer
- Ages 7 and under require reach supervision from an adult in the water regardless of band color.
- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.
- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

Green Band Swim Testing Times
 Monday-Wednesday 9:00am-6:30pm
 Friday 9:00am-6:30pm
 Saturday 9:00am-4:30pm
 Sundays 10:00am-1:30pm