

## **GYMNASIUM SCHEDULE**

Ben Antal, Sports Coordinator resysports@bcfymca.org

ROSE E. SCHNEIDER FAMILY YMCA

## Spring 2025 | March 2nd - May 31st \*updated 4/11

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	CT A	СТ В	CT A	СТ В	CT A	СТ В	CT A	СТ В
5:30								
6:00				Open Gym 5:30AM-7:25AM	1	Open Gym		Open Gym
6:30	CLOSED		Open Gym 5:30AM-8:45AM	Open Gym	5:30AM-7:30AM		5:30AM-7:45AM	
7:00				Program Set-Up 7:25AM-7:30AM	5:30AM-8:45AM		Open Gym 5:30AM-9:00AM	
7:30						Pickleball		Program Set-Up 7:45AM-8:00AM
8:00						Open Play 7:30AM-9:00AM		
8:30			Program Set-Up 8:45AM-9:00AM		Program Set-Up 8:45AM-9:00AM			
9:00			Land Group		Land Group	Program Set-UP 9:00AM-9:30AM	Program Set-UP 9:00AM-9:30AM	
9:30			Exercise 9:00AM-10:30AM		Exercise 9:00AM-10:30AM	Land Group Exercise	Land Group Exercise	
10:00			3100/11/10130/11/		3100/11/10130/11/	9:30AM-10:30AM	9:30AM-10:30AM	
10:30		Pickleball 8:30AM-1:00PM		Pickleball Open Play	Childcare	Program Set-Up 10:30AM-11:00AM	Program Set-Up 10:30AM-11:00AM	Pickleball Open Play
11:00	Open Gym			7:30AM-2:30PM	Gym Class 10:30AM-12:00PM	Pickleball Open Play	Pickleball Open Play	9:00AM-2:00PM
11:30	8:00AM-3:00PM				10.30AN-12.00FM			
Noon								
12:30	Birthday Parties* 12:00PM-2:00PM					11:00AM-2:00PM	11:00AM-2:00PM	
1:00								
1:30		Open Gym						
2:00		1:00PM-3:00PM	Open Gym 10:30AM-6:00PM		Open Gym 12:00PM-5:00PM			
2:30								
3:00							Open Gym 2:00PM-4:45PM	
3:30								
4:00								
4:30					Program Set-Up 4:45-5:00 PM	Open Gym	Program Set-Up 4:45-5:00 PM	Open Gym
5:00								
5:30								
6:00	CLOSED			Open Gym 2:30PM-9:30PM	Pickleball Open Play	2:00PM-4:45PM		2:00PM-9:30PM
6:30			Volleyball Program 6:00PM-9:00PM		5:00PM-8:00PM		Youth Volleyball Programs 5:00PM-9:30PM	
7:00								
7:30								
8:00								
8:30					Open Gym			
9:00			Open Gym		8:00PM-9:30PM			
9:30			9:00PM-9:30PM					
*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.				Gym Guidelines & Open Gym Rules  • Anyone in the gym will follow guidelines and rules posted in the gymnasium  • The intentional destruction of Y property will not be tolerated.  • Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.  • Youth 7 and younger must be accompanied by an adult.  • Full Court play may be restricted when only one court is open.  NO FOOD, DRINKS, OR GUM allowed in the gym.				
PROGRAMS HAVE PRIORITY OF GYM USAGE.								
OUTSIDE PROGRAMS MAY COME IN DUE TO WEATHER DURING OPEN GYM.								
SCHEDULE IS SUBJECT TO CHANGE.								

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	THURSDAY		FRID	AY	SATURDAY		
	CT A	СТ В	CT A	СТ В	CT A	СТ В	
5:30							
6:00		Open Gym		Open Gym			
6:30		5:30AM-7:30AM		5:30AM-7:45AM	Open Gym	Open Gym	
7:00	Open Gym 5:30AM-9:00AM		Open Gym 5:30AM-9:00AM		5:30AM-8:30AM	5:30AM-8:45AM	
7:30				Program Set-Up 7:45AM-8:00AM			
8:00		Pickleball Open Play					
8:30		7:30AM-9:00PM			Program Set-Up 8:30AM-9:00AM	Program Set-Up 8:45AM-9:00AM	
9:00	Program Set-Up 9:00AM-9:30AM		Program Set-Up 9:00AM-9:30AM				
9:30	Land Group Exercise	Program Set-Up 9:00AM-9:30AM	Land Group Exercise				
10:00	9:30AM-10:30AM	Land Group Exercise	9:30AM-10:30AM		Pickleball Clinic 9:00AM-11:30AM		
10:30	Homeschool Gym 9:45AM-10:45AM	9:30AM-10:30AM	Program Set-Up 10:30AM-11:00AM	Pickleball Open Play			
11:00		Program Set-Up 10:30AM-11:00AM		8:00AM-2:00PM			
11:30			Gym Jamboree & Preschool Gym Class				
Noon		Pickleball	11:00AM-1:00PM				
12:30		Open Play					
1:00		11:00AM-2:00PM				Open Gym	
1:30	Open Gym 10:45AM-4:45PM					9:00AM-5:30PM	
2:00							
2:30					Open Gym 11:30AM-6:00PM		
3:00				Open Gym			
3:30				2:00PM-5:00PM	Birthday Parties* 12:00PM-2:00PM		
4:00							
4:30	Program Set-Up 4:45PM-5:00PM						
5:00			Open Gym		Birthday Parties* 3:00PM-5:00PM		
5:30	Pickleball Open Play	Open Gym	1:00PM-9:30PM	8: 11 1 11			
6:00	5:00PM-6:30PM	2:00PM-9:30PM		Pickleball Ladder League			
6:30	Program Set-Up 6:30PM-7:00PM			5:00PM-7:00PM			
7:00							
7:30	Basketball League		B. H. L. T				
8:00	7:00PM-9:00PM		Birthday Parties* 6:00M-8:00PM				
8:30				Open Gym 7:00PM-9:30PM			
9:00	Open Gym			7:00PM-9:30PM			
9:30	9:00PM-9:30PM						