

AQUATIC SCHEDULE BUTLER YMCA Begins May 19, 2025

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am 6:00 6:30 7:00 7:30 8:00 8:30	CLOSED		Open Swim 5:30am- 8:00pm	Open Swim 5:30am-12:00pm	Open Swim 5:30am-9:30am	Open Swim 5:30am-10:15am Swim Lessons (1 lane) 9:00am-10:05am	Open Swim 5:30am-9:00am Kicks & Currents	Open Swim 5:30am-11:30am
9:30 10:00					Pool Jogging w/HIIT Blasts & Abs 9:30am-10:30am	Aqua for Arthritis 10:15am-11:00am	9:00am-10:00am	
10:30 11:00 11:30	Open Swim 10:00am- 2:00pm	Open Swim 10:00am- 2:00pm			Open Swim 10:30am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Open Swim 10:00am-1:00pm	Aqua Weight Training 11:30am-12:15pm
Noon 12:30				Work it in the Water 12:00pm-12:45pm		Open Swim 11:45am-1:00pm		YOGA H2O 12:15pm-1:00pm
1:00			========	Aqua Dance Party 1:00pm-1:45pm	CLOSED	CLOSED	CLOSED	CLOSED
1:30 2:00 2:30	CLOSED		May Swim (4 lanes) 4:00pm-6:30pm Test the Waters (4 lanes) 5:00pm-6:00pm	Open Swim 1:45pm-5:00pm	1:00pm-3:00pm	1:00pm-3:00pm	1:00pm-3:00pm	1:00pm-3:00pm
3:00 3:30 4:00 4:30					Open Swim 3:00pm-8:00pm	Open Swim 3:00pm-5:00pm	Open Swim 3:00pm-8:00pm	Open Swim 3:00pm-5:00pm
5:00 5:30 6:00 6:30				Swim Lessons 5:00pm-7:15pm	May Swim (4 lanes) 4:00pm-6:30pm	Swim Lessons 5:00pm-6:30pm	May Swim (4 lanes) 4:00pm-6:30pm Test the Waters (4 lanes) 5:00pm-6:00pm	Swim Lessons 5:00pm-7:00pm
7:00 7:30 8:00				Onen Swim	Swim Lessons (1 lane) 6:30pm-8:00pm	Open Swim 6:30pm-8:00pm	Swim Lessons	Open Swim 7:0pm-8:00pm
8:00				Open Swim 7:15pm-8:00pm	6:30pm-8:00pm		(1 lane) 5:35pm-7:00pm	

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available. Please check with the Swim Lesson Coordinator for times and pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- When a birthday party is scheduled in Pool 2, half of the pool will still be open to other members.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time
- Swim Lessons run week of May 5 through week of June 16, 2025 (7 weeks) then OPEN swim.



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		RSDAY	FF	RIDAY	SATURDAY		
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	
5:30am							
6:00	Open Swim						
6:30	5:30am-9:30am		_				
7:00	1		Open Swim 5:30am-9:15am	Open Swim			
7:30			3.30am 3.13am	5:30am-9:00am			
8:00	-					Open Swim	
8:30		Open Swim			Open Swim	7:30am-9:00am	
9:00	1	5:30am-11:00am			7:30am-5:30pm		
9:30	Door H20				·		
10:00	Deep H2O Suspension		Aqua Intervals		=======		
	9:30am-10:30am		9:15am-10:15am				
10:30				YMCA Child Care Swim Lessons			
				9:00am-11:30am	Swim Lessons (1 lane) 9:30am-12:00pm	Swim Lessons	
						9:00am-12:30pm	
11:00	Oman Coolina	Gentle Water					
11:30	Open Swim 10:30am-1:00pm	Exercise					
		11:00am-11:45am					
Noon	-			Homeschool Gym & Swim			
		Total Body Conditioning	Open Swim	11:30am-12:30pm			
12:30	_	12:00pm-12:45pm	10:15am-7:00pm		_		
				Aqua Dance Party			
1:00				1:00pm-1:45pm			
1:30 2:00	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	========		_		
2:30	1.00pm 5.00pm	1.00pm 5.00pm					
3:00	Open Swim						
3:30	3:00pm-8:00pm					Open Swim 12:30pm-5:30pm	
	=======		May Swim			12.30рін 3.30рін	
	May Swim		(4 lanes) 4:00pm-6:30pm	Open Swim			
4:00	(4 lanes) 4:00pm-6:00pm			1:45pm-7:00pm			
4:30	4.00pm 0.00pm						
F-00	Test the Waters	Open Swim					
5:00 5:30	(4 lanes) 5:00pm-6:00pm	3:00pm-8:00pm					
6:00	2.50pm 5.50pm						
6:30 7:00	_ =======				-		
7:30	Swim Lessons				CLOSED	CLOSED	
8:00	(1 Lane)		CLOSED	CLOSED			
	6:15pm-7:30pm						



Test. Mark. Protect.

- Ages 12 and under must pick-up a swim band before entering the pool.
- Bands indicate swimming ability.
- Red= Non-Swimmer
- Green=Swimmer
- Ages 7 and under require reach supervision from an adult in the water regardless of band color.
- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.
- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

Green Band Swim Testing Times

Monday-Wednesday 9:00am-6:30pm Friday 9:00am-6:30pm Saturday 9:00am-4:30pm Sundays 10:00am-1:30pm