



	SUNDAY		MONDAY		TUESDAY		WEDNESDAY				
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B			
5:30	CLOSED		**Open Gym 5:30AM-8:45AM		**Open Gym 5:30AM-8:45AM	**Open Gym 5:30AM-9:15AM	**Open Gym 5:30AM-9:15AM				
6:00											
6:30											
7:00											
7:30											
8:00	Open Gym 8:00AM-3:00PM										
8:30		Program Set-Up 8:45AM-9:00AM	Program Set-Up 8:45AM-9:00AM								
9:00		Pickleball 9:00AM-1:00PM	Land Group Exercise 9:00AM-10:30AM	**Open Gym 5:30AM-5:00PM	Land Group Exercise 9:00AM-10:30AM	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:15AM-9:30AM				
9:30					Land Group Exercise 9:30AM-10:30AM	Land Group Exercise 9:30AM-10:30AM					
10:00											
10:30											
11:00											
11:30											
Noon		Birthday Parties* 12:00PM-2:00PM	Open Gym 1:00PM-3:00PM	**Open Gym 10:30AM-6:00PM	**Open Gym 12:00PM-6:00PM	**Open Gym 10:30AM-9:30PM	**Open Gym 10:03AM-4:45PM	**Open Gym 5:30AM-9:30PM			
12:30											
1:00											
1:30											
2:00											
2:30	CLOSED				**Open Gym 10:30AM-9:30PM						
3:00											
3:30											
4:00											
4:30								Program Set-Up 4:45PM-5:00 PM	Program Set-Up 4:45PM-5:00 PM		
5:00											
5:30								Program Set-Up 5:45PM-6:00 PM	Program Set-Up 5:45PM-6:00 PM		
6:00											
6:30											
7:00								Volleyball Program 6:00PM-9:30PM	Basketball Leagues 5:00PM-9:30PM	Volleyball Programs 6:00PM-9:30PM	Volleyball Programs 5:00PM-9:30PM
7:30											
8:00											
8:30											
9:00											
9:30											
<div><div><div>*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.</div><div>**SUMMER CAMP HAS PRIORITY OF GYM USAGE.</div><div>**SUMMER CAMP MAY COME INSIDE DUE TO WEATHER DURING OPEN GYM.</div><div>SCHEDULE IS SUBJECT TO CHANGE.</div><div>For questions & concerns, please contact Maria DiMartin, Youth & Family Director mdimartin@bcfymca.org</div></div></div> <div><div>Gym Guidelines & Open Gym Rules</div><div><ul style="list-style-type: none">Anyone in the gym will follow guidelines and rules posted in the gymnasium<ul style="list-style-type: none">The intentional destruction of Y property will not be tolerated.Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.<ul style="list-style-type: none">Youth 7 and younger must be accompanied by an adult.Full Court play may be restricted when only one court is open.</div><div>NO FOOD, DRINKS, OR GUM allowed in the gym.</div></div>											



Summer 2025 | June 1st - August 30th

	THURSDAY		FRIDAY		SATURDAY					
	CT A	CT B	CT A	CT B	CT A	CT B				
5:30	**Open Gym 5:30AM-9:00AM	**Open Gym 5:30AM-9:00AM	**Open Gym 5:30AM-9:00AM			Open Gym 5:30AM-8:45AM				
6:00										
6:30										
7:00										
7:30										
8:00										
8:30										
9:00	Program Set-Up 9:00AM-9:30AM		Program Set-Up 9:00AM-9:30AM			Program Set-Up 8:45AM-9:00AM				
9:30	Land Group Exercise 9:30AM-10:30AM	Program Set-Up 9:00AM-9:30AM	Land Group Exercise 9:30AM-10:30AM			Pickleball Clinic 9:00AM-11:30AM				
10:00		Land Group Exercise 9:30AM-10:30AM								
10:30	Homeschool Gym 10:45AM-11:45AM		Program Set-Up 10:30AM-11:00AM							
11:00			Gym Jamboree 11:00AM-12:00PM							
11:30										
Noon	**Open Gym 11:45AM-5:45PM	**Open Gym 10:30AM-9:30PM	**Open Gym 12:00PM-5:45PM	**Open Gym 5:30AM-4:45PM	<div>Birthday Parties* 5:00PM-7:00PM</div>	<div>Birthday Parties* 12:00PM-2:00PM</div>				
12:30										Pickleball Open Play 12:00PM-3:00PM
1:00										
1:30										
2:00										
2:30										
3:00										
3:30										
4:00										
4:30										
5:00										
5:30	Program Set-Up 5:45PM-6:00 PM		Program Set-Up 5:45PM-6:00 PM							
6:00	Pickleball Open Play 6:00PM-9:00PM		Pickleball Open Play 6:00PM-9:00PM							
6:30										
7:00										
7:30										
8:00										
8:30										
9:00	Open Gym 9:00PM-9:30PM		Open Gym 9:00PM-9:30PM							
9:30										