



	SUNDAY		MONDAY		TUESDAY		WEDNESDAY									
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B								
5:30	CLOSED		**Open Gym 5:30AM-8:45AM		**Open Gym 5:30AM-8:45AM	**Open Gym 5:30AM-9:15AM	**Open Gym 5:30AM-9:15AM									
6:00																
6:30																
7:00																
7:30																
8:00	Open Gym 8:00AM-3:00PM		Program Set-Up 8:45AM-9:00AM		Program Set-Up 8:45AM-9:00AM	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:15AM-9:30AM									
8:30																
9:00																
9:30																
10:00																
10:30		Pickleball 9:00AM-1:00PM	Land Group Exercise 9:00AM-10:30AM		Land Group Exercise 9:00AM-10:30AM	Program Set-Up 9:30AM-10:30AM	Land Group Exercise 9:30AM-10:30AM									
11:00																
11:30																
Noon																
12:30																
1:00	Birthday Parties* 12:00PM-2:00PM															
1:30																
2:00																
2:30																
3:00																
3:30	CLOSED	**Open Gym 10:30AM-9:30PM	Program Set-Up 4:45PM-5:00 PM	**Open Gym 5:30AM-5:00PM	Childcare Gym Class 10:30AM-12:00PM	**Open Gym 12:00PM-6:00PM	**Open Gym 10:03AM-5:45PM	**Open Gym 5:30AM-9:30PM								
4:00																
4:30																
5:00																
5:30																
6:00																
6:30																
7:00																
7:30																
8:00																
8:30																
9:00																
9:30																
*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.									<div>Gym Guidelines & Open Gym Rules<ul style="list-style-type: none">• Anyone in the gym will follow guidelines and rules posted in the gymnasium<ul style="list-style-type: none">• The intentional destruction of Y property will not be tolerated.• Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.<ul style="list-style-type: none">• Youth 7 and younger must be accompanied by an adult.• Full Court play may be restricted when only one court is open.NO FOOD, DRINKS, OR GUM allowed in the gym.</div>							
**SUMMER CAMP HAS PRIORITY OF GYM USAGE.																
**SUMMER CAMP MAY COME INSIDE DUE TO WEATHER DURING OPEN GYM.																
SCHEDULE IS SUBJECT TO CHANGE.																
For questions & concerns, please contact Maria DiMartin, Youth & Family Director mdimartin@bcfymca.org																

Summer 2025 | June 1st - August 30th

	THURSDAY		FRIDAY		SATURDAY	
	CT A	CT B	CT A	CT B	CT A	CT B
5:30	**Open Gym 5:30AM-9:00AM	**Open Gym 5:30AM-9:00AM	**Open Gym 5:30AM-9:00AM			Open Gym 5:30AM-8:45AM
6:00						
6:30						
7:00						
7:30						
8:00						
8:30						
9:00	Program Set-Up 9:00AM-9:30AM		Program Set-Up 9:00AM-9:30AM			Program Set-Up 8:45AM-9:00AM
9:30	Land Group Exercise 9:30AM-10:30AM	Program Set-Up 9:00AM-9:30AM	Land Group Exercise 9:30AM-10:30AM			Pickleball Clinic 9:00AM-11:30AM
10:00		Land Group Exercise 9:30AM-10:30AM				
10:30	**Open Gym 10:30AM-5:45PM		Program Set-Up 10:30AM-11:00AM			
11:00			Gym Jamboree 11:00AM-12:00PM			
11:30						
Noon						
12:30						
1:00						
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30						
5:00						
5:30	Program Set-Up 5:55PM-6:00 PM		Program Set-Up 5:55PM-6:00 PM			
6:00	Pickleball Open Play 6:00PM-8:00PM					
6:30						
7:00						
7:30						
8:00	Open Gym 8:00PM-9:30PM					
8:30						
9:00						
9:30						