### **GYMNASIUM SCHEDULE**

ROSE E. SCHNEIDER FAMILY YMCA

Ben Antal, Sports Coordinator resysports@bcfymca.org

### Summer 2025 | June 1st - August 30th

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	CT A	СТ В	CT A	СТ В	CT A	СТ В	CT A	СТ В
5:30								
6:00	CLOSED		**Open Gym		**Open Gym	***	***	
6:30								
7:00			5:30AM-8:45AM		5:30AM-8:45AM	**Open Gym 5:30AM-9:15AM	**Open Gym 5:30AM-9:15AM	
7:30								
8:00								
8:30			Program Set-Up 8:45AM-9:00AM		Program Set-Up 8:45AM-9:00AM			
9:00			Land Group		Land Group	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:15AM-9:30AM	
9:30			Exercise 9:00AM-10:30AM		Exercise 9:00AM-10:30AM	Land Group Exercise	Land Group Exercise	
10:00						9:30AM-10:30AM	9:30AM-10:30AM	
10:30		Pickleball		**Open Gym	Childana Cum Class			
11:00	Open Gym 8:00AM-3:00PM	9:00AM-1:00PM		5:30AM-5:00PM	Childcare Gym Class 10:30AM-12:00PM			
11:30	8:00AM-3:00PM							
Noon								
12:30	Birthday Parties* 12:00PM-2:00PM							
1:00								**Open Gym
1:30		Open Gym 1:00PM-3:00PM					**Open Gym 10:03AM-5:45PM	5:30AM-9:30PM
2:00		1:00PM-3:00PM			**Open Gym		10:03AM-5:45PM	
2:30					12:00PM-6:00PM	**Open Gym 10:30AM-9:30PM		
3:00								
3:30			**Open Gym					
4:00				Program Set-Up				
4:30				4:45PM-5:00 PM				
5:00				Basketball Leagues 5:00PM-9:30PM	Program Set-Up		Program Set-Up	
5:30	CLOSED				5:55PM-6:00 PM		5:55PM-6:00 PM	
6:00					Pickleball Open Play 6:00PM-8:00PM		Dieldek - U	
6:30							Pickleball Open Play	
7:00							6:00PM-8:00PM	
7:30								
8:00							Open Gym 8:00PM-9:30PM	
8:30					Open Gym 8:00PM-9:30PM			
9:00								
9:30								

\*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.

\*\*SUMMER CAMP HAS PRIORITY OF GYM USAGE.

\*\*SUMMER CAMP MAY COME INSIDE DUE TO WEATHER **DURING OPEN GYM.** 

SCHEDULE IS SUBJECT TO CHANGE.

For questions & concerns, please contact Maria DiMartin, Youth & Family Director mdimartin@bcfymca.org

#### **Gym Guidelines & Open Gym Rules**

- Anyone in the gym will follow guidelines and rules posted in the gymnasium
  - The intentional destruction of Y property will not be tolerated.
- Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.
  - Youth 7 and younger must be accompanied by an adult. • Full Court play may be restricted when only one court is open.

NO FOOD, DRINKS, OR GUM allowed in the gym.

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# Summer 2025 | June 1st - August 30th

	THUR	SDAY	FRID	AY	SATURDAY		
	CT A	СТ В	CT A	СТ В	CT A	СТ В	
5:30							
6:00		**Open Gym	**Open Gym 5:30AM-9:00AM			Open Gym	
6:30							
7:00	**Open Gym 5:30AM-9:00AM					5:30AM-8:45AM	
7:30		5:30AM-9:00AM					
8:00							
8:30						Program Set-Up 8:45AM-9:00AM	
9:00	Program Set-Up 9:00AM-9:30AM		Program Set-Up 9:00AM-9:30AM				
9:30	Land Group Exercise	Program Set-Up 9:00AM-9:30AM	Land Group Exercise				
10:00	9:30AM-10:30AM	Land Group Exercise 9:30AM-10:30AM	9:30AM-10:30AM			Pickleball Clinic 9:00AM-11:30AM	
10:30			Program Set-Up 10:30AM-11:00AM		Open Gym 5:30AM-6:00PM		
11:00			Gym Jamboree				
11:30		**Open Gym 10:30AM-9:30PM	11:00AM-12:00PM				
Noon			**Open Gym 12:00PM-5:45PM	**Open Gym 5:30AM-4:45PM			
12:30						Pickleball Open Play 12:00PM-2:00PM	
1:00							
1:30	**Open Gym						
2:00	10:30AM-5:45PM						
2:30				Birthday Parties*	Birthday Parties*		
3:00				5:00PM-7:00PM	12:00PM-2:00PM		
3:30						Open Gym	
4:00					Birthday Parties*	2:00PM-6:00PM	
4:30					3:00PM-5:00PM		
5:00							
5:30	Program Set-Up 5:55PM-6:00 PM		Program Set-Up 5:55PM-6:00 PM				
6:00			Pickleball Open Play				
6:30	Pickleball Open Play						
7:00	6:00PM-8:00PM		6:00PM-9:00PM				
7:30							
8:00			Open Gym 8:00PM-9:30PM				
8:30	Open Gym						
9:00	8:00PM-9:30PM						
9:30							