

# AQUATIC SCHEDULE BUTLER YMCA Begins June 30, 2025

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am 6:00 6:30 7:00 7:30 8:00 8:30	CLOSED		<b>Open Swim</b> 5:30am- 8:00pm	<b>Open Swim</b> 5:30am-12:00pm	Open Swim 5:30am-9:30am  Butler Swim Team Summer Swim (2 lanes) 7:30am-9:00am	<b>Open Swim</b> 5:30am-10:15am	<b>Open Swim</b> 5:30am-9:00am	<b>Open Swim</b> 5:30am-11:30am
9:00 9:30			Butler Swim Team Summer Swim (2 lanes)		Pool Jogging w/HIIT Blasts & Abs 9:00am-10:00am		Kicks & Currents 9:00am-10:00am	
10:00 10:30			7:30am-9:00am			Aqua for Arthritis 10:15am-11:00am		
11:00 11:30		On on Sories			<b>Open Swim</b> 10:00am-1:00pm	Gentle Water Exercise 11:00am-11:45am	Open Swim 10:00am-1:00pm	Aqua Weight Training 11:30am-12:15pm
Noon 12:30	Open Swim 10:00am- 2:00pm	Open Swim 10:00am- 2:00pm		Work it in the Water 12:00pm-12:45pm		<b>Open Swim</b> 11:45am-1:00pm		YOGA H2O 12:15pm-1:00pm
1:00				<b>Open Swim</b> 12:45pm-1:30pm				
1:30 2:00				Aqua Dance Party (To July 14) 1:30pm-2:15pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	<b>CLOSED</b> 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm
2:30 3:00 3:30 4:00 4:30	CLOSED			<b>Open Swim</b> 2:15pm-5:00pm	<b>Open Swim</b> 3:00pm-8:00pm	<b>Open Swim</b> 3:00pm-5:45pm	Open Swim 3:00pm-8:00pm	<b>Open Swim</b> 3:00pm-5:00pm
5:00 5:30 6:00				Swim Lessons 5:00pm-7:15pm Open Swim 7:15pm-8:00pm	======================================	Swim Lessons 5:45pm-6:30pm		Swim Lessons 5:00pm-7:00pm
6:30 7:00 7:30 8:00						<b>Open Swim</b> 6:30pm-8:00pm		<b>Open Swim</b> 7:0pm-8:00pm

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available & have precedent over the lanes. They are scheduled at various times. Check w/the Swim Lesson Coordinator for times & pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- Birthday Parties are scheduled on Saturdays and Sundays in Pool 2. Please see signage for pool closures.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time
- Swim Lessons run week of June 30 through week of August 18, 2025.



## AQUATIC SCHEDULE BUTLER YMCA

## Begins June 30, 2025

		RSDAY		RIDAY	SATURDAY		
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	
5:30am							
6:00	Open Swim		Open Swim				
6:30	5:30am-9:30am		5:30am-9:15am				
7:00	_						
7:30	NEW! AQUA 45 (Begins July 3)	Open Swim 5:30am-11:00am	Butler Swim Team	<b>Open Swim</b> 5:30am-9:00am			
8:00	7:45am-8:30am	5155am 11165am	Summer Swim (2 lanes)				
8:30	1	=======	7:30am-9:00am				
9:00	-	Swim Lessons	-		-		
9:30	Deep H2O	(1 Lane)					
10:00	Suspension	9:30am-10:00am	Aqua Intervals			Open Swim	
	9:30am-10:30am		9:15am-10:15am	YMCA Child Care Swim Lessons 9:00am-11:30am		8:00am-9:00am	
10:30						========	
					NEW SATURDAY	Swim Lessons	
11.00	Om om Gustima				HOURS	9:00am-12:30pm	
11:00 11:30	Open Swim 10:30am-1:00pm	Gentle Water Exercise					
	10.50diii 1.00piii	11:00am-11:45am					
Noon		Total Body					
12:30		Conditioning 12:00pm-12:45pm			Open Swim		
		12.00pm 12.43pm			8:00am-4:00pm		
1:00			Open Swim				
1:30	CLOSED	CLOSED	10:15am-7:00pm				
2:00 2:30	1:00pm-3:00pm	1:00pm-3:00pm				Open Swim	
2:30 3:00				0		12:30pm-4:00pm	
3:30	-			Open Swim 11:30am-7:00pm			
				11.50diii 7.00piii			
	Open Swim						
	3:00pm-8:00pm						
4:00	_						
4:30	=======	Open Swim					
F-00	Swim Lessons	3:00pm-8:00pm					
5:00 5:30	(1 Lane)						
5:00	6:15pm-7:00pm				CLOSED	CLOSED	
5:30	-						
7:00 7:30	-		CLOCED	CLOSED			
,			CLOSED	CLOSED			



Test. Mark. Protect.

- Ages 12 and under must pick-up a swim band before entering the pool.
- Bands indicate swimming ability.
- Red= Non-Swimmer
- Green=Swimmer
- Ages 7 and under require reach supervision from an adult in the water regardless of band color.
- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.
- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

### Green Band Swim Testing Times

Monday-Wednesday 9:00am-6:30pm Friday 9:00am-6:30pm Saturday 8:00am-3:30pm Sundays 10:00am-1:30pm