

**BUTLER YMCA**  
**PROGRAM GUIDE**  
**FALL I | CYCLE 5**  
**SEPTEMBER 8 – OCTOBER 25**  
**REG: MEMBER AUG 23 | NON-MEMBER AUG 27**



The YMCA is the nation's leading nonprofit, committed to building and supporting our community. At the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income and background, has the opportunity to learn, grow and thrive.

Anchored in neighborhoods of Butler County, the Y believes that lasting personal and social change can only come about when we all work together to invest in our kids, our health and our community. The Y is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities.

**WEBSITE**



**SCHEDULES & PROGRAM GUIDES**



**BIRTHDAY PARTIES & FACILITY RENTALS**



**REACH & RISE<sup>®</sup>**



**BRANCH AMENITIES**

- INDOOR POOLS
- INDOOR TRACK
- CHILD WATCH
- LAP POOL
- HOT TUB
- MEETING ROOMS
- GYMNASIUMS
- FACILITY RENTALS
- BIRTHDAY PARTIES
- STRENGTH/CARDIO EQUIPMENT
- SUMMER DAY CAMP
- GROUP EXERCISE CLASSES
- AQUATICS CLASSES & LESSONS
- RACKETBALL COURTS

**OUR INFO**

**BUTLER YMCA**

**339 N WASHINGTON ST  
BUTLER, PA 16001**

**724-287-4733**

**BCFYMCA.ORG**

**FACILITY HOURS**

**MONDAY-THURSDAY**

**5:00AM-09:00PM**

**FRIDAY**

**5:00AM-8:00PM**

**SATURDAY**

**6:30AM-6:30PM**

**SUNDAY**

**10:00AM-3:00PM**



# MEET OUR DIRECTORS

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**HEALTHY LIVING**  
**HEIDI NICHOLLS-BOWSER**  
HBOWSER@BCFYMCA.ORG



**AQUATICS +  
PROGRAMS**  
**JAMIE KNAUFF**  
JKNAUFF@BCFYMCA.ORG



**MEMBERSHIP**  
**NICK SASALA**  
NSASALA@BCFYMCA.ORG



**CHILDCARE**  
**KELLY TENNENT**  
KTENNENT@BCFYMCA.ORG



**EXECUTIVE  
DIRECTOR**  
**THOMAS SPENCE**  
TSPENCE@BCFYMCA.ORG

## 2025 CLOSURE DATES

JANUARY 1ST - NEW YEAR'S DAY  
APRIL 18TH - GOOD FRIDAY  
APRIL 20TH - EASTER SUNDAY  
MAY 27TH - MEMORIAL DAY  
JULY 4TH - INDEPENDENCE DAY

SEPTEMBER 1ST - LABOR DAY  
NOVEMBER 27TH - THANKSGIVING  
DECEMBER 24TH - CHRISTMAS EVE  
DECEMBER 25TH - CHRISTMAS DAY

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**SPORTS**

**SWIM LESSONS**

**CHILD CARE**

### TO OUR YMCA FAMILY,

Welcome to the YMCA Program Guide! We're thrilled to have you join our community. Whether you're here to get active, learn something new, or connect with others, we're here to support you every step of the way. Our wide range of programs is designed to inspire healthy living, personal growth, and social responsibility. We're excited to be a part of your journey and look forward to helping you make the most of your time with us. Let's get started and make every moment count!



**Thomas Spence**  
**EXECUTIVE DIRECTOR**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LEARN LIFE SAVING SKILLS

## Butler County Family YMCA

American Red Cross Certification Schedule  
August 2025–December 2025

### Lifeguard Certifications & Recertifications

Times vary; attendance to all classes in course are mandatory.

- Aug. 12-15 | Rose E. Schneider Family Y
- Aug. 13-17 | Butler Y (Recertification: Sat., Aug. 16)
- Oct. 22-26 | Rose E. Schneider Family Y

### Lifeguard Instructor Certifications

Times vary; attendance to all classes in course are mandatory.

- Aug. 1-3 | Rose E. Schneider Family Y

### Community CPR/AED & First Aid Certifications

All of our community CPR/AED & First Aid certifications include PQAS certification for Early Childhood & School-Age Professionals.

- Mon., Aug. 11 & Tues., Aug. 12, 5PM-8PM | Butler Y **\*Class is full\***
- Sat., Sept. 13, 8AM-12PM | Rose E. Schneider Family Y
- Sat., Oct. 25, 8AM-12PM | Rose E. Schneider Family Y
- Wed., Nov. 12, 5PM-9PM | Rose E. Schneider Family Y
- Sun., Nov. 16, 9AM-3 | Butler Y

### Babysitters Training

For ages 11-16.

- Wed., Aug. 20, 9AM-2PM | Rose E. Schneider Family Y
- Sat., Aug. 23, 8AM-4PM | Rose E. Schneider Family Y (\*w/ Cert)
- Mon., Sept. 8, & Wed., Sept. 10, 4PM-8PM | Rose E. Schneider Family Y (\*w/ Cert)
- Sun., Sept. 21, 9AM-2PM | Rose E. Schneider Family Y

\*Specific Babysitter Trainings include CPR/AED & First Aid Certifications.

BUTLER Y • 339 N. Washington St., Butler, PA 16001 • 724.287.4733 • [www.bcfymca.org](http://www.bcfymca.org)  
ROSE E. SCHNEIDER FAMILY Y • 2001 Ehrman Rd. Cranberry Twp., PA 16066 • 724.452.9122



Scan the QR code  
or visit our website to  
view course descriptions,  
prerequisites, days and  
times, and registration.

# BUTLER COUNTY FAMILY YMCA FORE THE CHILDREN GOLF CLASSIC

**Monday, September 22<sup>nd</sup>**

**Butler Country Club**

310 Country Club Road  
Butler, PA 16002

**INCLUDES:**

- LOADING & UNLOADING OF GOLF BAGS
- 18 HOLES OF GOLF
- GREEN/CART FEES & DRIVING RANGE
- LUNCH, HORS D'OEUVRES, & DINNER
- AWARDS & PRIZES

SCAN QR CODE  
TO REGISTER  
YOUR GROUP!



**\$1,400 Foursome  
\$40 Dinner Only**

BENEFITS THE  
2025 ANNUAL  
SUPPORT  
CAMPAIGN

Contact us at  
[give@bcfymca.org](mailto:give@bcfymca.org)  
for more information





HELP US RAISE

BUTLER COUNTY FAMILY YMCA

# 300K

## BY GIVING TUESDAY

### The Countdown to Giving Tuesday Starts NOW!

OUR GOAL =

# \$300K

by Dec. 2<sup>nd</sup>, 2025  
(Giving Tuesday)



## We're So Close — But We Need Your Help

This year, your support has brought us within reach of our goal — but we're still facing a \$300,000 shortfall. We're launching a bold campaign from now through Giving Tuesday (Dec. 2<sup>nd</sup>) to close that gap — and we need your help to get there.

### Why It Matters

Your gift will help! 100% of Annual Support Campaign funds is utilized to meet the greatest needs of our local community by empowering children, families, seniors, and veterans to join through highly discounted (even FREE) memberships and program rates.

Whenever we see a neighbor who needs support, the Y stands ready to help with open arms and caring hearts. Join us and discover what a gift it is to give. We connect people to a greater sense of purpose, and to each other, to make our community stronger.

### How You Can Help

DONATE NOW



START A PEER CAMPAIGN

CONTACT US TO GET STARTED  
GIVE@BCFYMCA.ORG



SPONSORSHIPS



ATTEND OUR SPECIAL EVENTS



**FUN FORE ALL**  
FAMILY EVENT SAT., SEPT. 13<sup>TH</sup>



**FORE THE KIDS**  
GOLF CLASSIC  
MON., SEPT. 22<sup>ND</sup>



**GIVING TUESDAY**  
TUES., DEC. 2<sup>ND</sup>





**YOU BELONG!**

**STRONG COMMUNITIES**

**START AT THE Y**

**Become a member, sign up for programs, volunteer, or make a difference with a donation. Everyone is welcome. Everyone belongs.**



**WHY JOIN THE Y?**

-  **Health & Wellness**
-  **Swim Lessons & Aquatics**
-  **Childcare & Camps**
-  **Financial Assistance Available**
-  **Youth Sports & Enrichment**
-  **Programs for All Ages**
-  **Outdoor Recreation**
-  **Community You Can Count On**

Serving Butler County with 3 locations:

- Butler YMCA – Downtown Butler
- Rose E. Schneider Family YMCA – Cranberry Twp.
- ARMCO Park – Slippery Rock



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# REACH & RISE®

## Youth Mentoring Program

The Butler County Family YMCA is proud to be one of nine YMCAs in the country that offer the Reach & Rise® Youth Mentoring Program!



### About Reach & Rise®

Reach & Rise® is a free, community program that supports youth facing obstacles & challenges by providing a safe & comfortable space for them to make new friends, learn new things, talk about what's on their minds, and receive encouragement from supportive adults to achieve their goals.

#### YOUTH MENTORING

Our program serves youth ages 6-17 who could benefit from help with improving self-esteem, decision making, academic success, social skills, building and maintaining healthy peer and family relationships, and feeling a sense of belonging.

- **Group Youth Mentoring:**

Groups of 6-8 similar aged youth meet weekly at the Butler YMCA, Broad Street School in Butler City, Rose E. Schneider Family YMCA and Karns City High School.

- **1:1 Youth Mentoring:**

A mentor will meet with one youth at the Butler or Rose E. Schneider Family YMCA for 1-3 hours a week, scheduled by the mentor.

#### VOLUNTEER MENTORS

Our program wouldn't exist without the passion of adult volunteers who are committed to helping the next generation rise to their fullest potential. Make an impact by becoming a mentor today!

Mentors must be 21+ years old and able to commit to 15 hours of training and one two-hour session a week for 16 weeks (for group mentors) or a full year (for one-to-one mentors).



**Scan to learn more, refer a youth, and to become a mentor!**

**BUTLER COUNTY FAMILY YMCA • 339 N. Washington Street • Butler, PA 16001 • [bcfymca.org](http://bcfymca.org)**

The Reach & Rise® youth mentoring program is a national, evidence-based program recognized by the Office of Juvenile Justice and Delinquency Prevention program (OJJDP). We help kids learn about and manage emotions, build social skills, try new things, and develop and maintain healthy relationships.

**MORE INFORMATION AVAILABLE IN OUR LOBBY!**



## GROUP EXERCISE



Get energized, have fun, and stay fit with our wide variety of group exercise classes for all ages and fitness levels. From high-intensity workouts to low-impact options, our certified instructors create a welcoming, supportive environment that keeps you coming back.



## PERSONAL TRAINING

Get the support, motivation, and expert guidance you need to reach your fitness goals. Our certified personal trainers provide customized, one-on-one sessions tailored to your needs—whether you're looking to build strength, lose weight, improve mobility, or just feel better every day.



## CLASS SCHEDULES



Build confidence, discipline, and physical fitness with YMCA Karate! Taught by experienced instructors, our classes focus on self-defense, coordination, and respect in a supportive, structured environment. Open to all ages and skill levels.

**BUTLER YMCA**  
**HEALTH & FITNESS**  
**HBOUSER@BCFYMCA.ORG**



**MORE INFORMATION AVAILABLE IN OUR LOBBY!**



## AREA AGENCY ON AGING



Empowering older adults to live healthy, independent lives, the Area Agency on Aging offers a wide range of programs and services. Through the Butler YMCA, we offer SAIL (Stay Active and Independent for Life). This program provides participants with activities to use both at the Y and at home to improve overall life and functions.

## PARKINSON'S PROGRAMS



Our Parkinson's Program offers specialized group classes designed to support mobility, strength, balance, and overall well-being. With trained instructors and a welcoming environment, participants engage in safe, effective exercises tailored to varying ability levels.



## KARATE



Build confidence, discipline, and physical fitness with YMCA Karate! Taught by experienced instructors, our classes focus on self-defense, coordination, and respect in a supportive, structured environment. Open to all ages and skill levels.

**BUTLER YMCA**  
**HEALTH & FITNESS**  
**HBOUSER@BCFYMCA.ORG**



THANK YOU FOR YOUR SERVICE AND SACRIFICE!

BUTLER YMCA

# VETERANS CLASSES



TUESDAY | PICKLEBALL 11 AM - 12 PM  
WEDNESDAY | TRX TRAINING 9:45 AM - 10:45 AM  
THURSDAY | PICKLEBALL 4:30 PM - 5:30 PM  
FRIDAY | TRX TRAINING 8:45 AM - 9:45 AM

## FREE CLASSES FOR VETS

In addition to the classes above, Veterans are welcome to participate in ALL Aqua Fitness Classes.  
Days and times vary - please see the Aquatics schedule for more details.



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TAI CHI

Tai Chi is a learned practice, as you will progressively build your skills with each class. Instructor Bill Weber has over 20 years experience teaching Taoist form Tai Chi.

## BEGINNER TAI CHI

For those with no experience and want to learn.

Mondays & Thursdays (7 weeks)  
September 8-October 23, 2025  
12:30PM-1:30PM  
Y Member: \$50 | Non-Member: \$100

## ADVANCED TAI CHI

Must know 108 Forms of Tai Chi.

Mondays & Thursdays (7 weeks)  
September 8-October 23, 2025  
11:30AM-12:30PM  
Y Member: \$40 | Non-Member: \$100

### Fall I Registration Information:

Members: Aug. 23-Sept. 6

Non Members: Aug. 27-Sept. 6

Scan to  
register





# TURKEY TROT

NOV 1ST  
9:45AM

ALL  
AGES!

Gobble, gobble! The YMCA is thrilled to host its Annual Turkey Trot on Saturday, November 1, 2025 in Downtown Butler, with the start and finish line right outside our Butler YMCA.

Signup by Sept. 30<sup>th</sup>  
to save \$5 and be  
guaranteed a t-shirt.

Scan to register now!

- with T-shirt: \$25
- no T-shirt: \$15



- Oct. 1st-27th 1mi & 5k no T-shirt: \$30
- Race Check-in, Packet Pick-up & Day-Of Registration: 8:00AM-9:30AM

FALL 1 2025 REGISTRATION:  
MEMBERS AUG 23<sup>RD</sup> | NON-MEMBER AUG 27<sup>TH</sup>

## FAMILY PROGRAMS

### ADAPTED SPORTS ATTACK - COMING SOON!

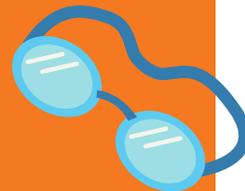
NOV 03 - DEC 20, 2025  
FRIDAYS @ 6:00 PM-6:45 PM  
\$45

Adaptive Sport Attack at the YMCA offers inclusive sports programs designed to meet the needs of individuals with diverse abilities. Through specially adapted activities and supportive coaching, participants develop skills, confidence, and teamwork in a welcoming and empowering environment.



### HOMESCHOOL STEAM & SWIM

WED, FRI @ 10:45 AM-12:30 PM  
MEMBER: \$95 | NON-MEMBER: \$130



This YMCA program combines hands-on STEAM (Science, Technology, Engineering, Art, and Math) learning with swim lessons, offering homeschool students a balanced mix of education and physical activity. Kids engage in creative projects and experiments to boost critical thinking and creativity, then build confidence and water skills in the pool—all in a supportive, fun environment.

### SCIENCE EXPLOSION

FRIDAYS @ 6:15 PM-7:00 PM  
\$35



The YMCA's Science Explosion program sparks curiosity and hands-on learning for kids through exciting experiments and activities. Participants explore basic scientific concepts in a fun, interactive environment, encouraging creativity, problem-solving, and a love for discovery. It's a great way for kids to learn about science while having a blast!



BUTLER YMCA  
**ARTS & HUMANITIES**  
JKNAUFF@BCFYMCA.ORG



# YOUTH & GOVERNMENT

## Why Join YAG?

- Be the voice, not just the audience
- Experience the government firsthand
- Level up your skills
- Meet like-minded leaders
- Boost your resume and college apps
- Have fun while making an impact



## Who Can Join?

- Boys and Girls
- Ages 14+



Learn More



FALL 1 2025 REGISTRATION:  
MEMBERS AUG 23<sup>RD</sup> | NON-MEMBER AUG 27<sup>TH</sup>

# YOUTH

## DRILLS AND SKILLS: VOLLEYBALL

AGES 7-10

SATURDAY MORNINGS: SEPT. 8 - OCT. 25 | 9 AM OR 10:15 AM START  
FROM \$40-\$60



## DRILLS AND SKILLS: BASKETBALL

AGES 6-15

SATURDAY MORNINGS: SEPT. 8 - OCT. 25 | 9 AM OR 10:15 AM START  
\$40-\$60

YMCA Drills & Skills programs in volleyball, basketball, and soccer help kids develop strong fundamentals through fun, structured practices. Each session focuses on building coordination, teamwork, and confidence with age-appropriate drills and game play. Whether your child is just starting out or looking to improve, these programs offer a supportive space to grow skills and enjoy the game.



## LIL CHAMPS: TRACK AND FIELD, BASKETBALL, SOCCER

AGES 3-5

MEMBER \$35 | NON-MEMBER \$50

Lil Champs is a fun and engaging program designed to introduce young children (ages 3-5) to the basics of track & field, soccer, and basketball. Through playful activities and simple skill-building exercises, kids develop coordination, balance, and motor skills while gaining confidence and learning the value of teamwork. This program creates a positive, supportive environment where little ones can explore movement, make new friends, and build a strong foundation for a lifelong love of sports and active play.

BUTLER YMCA  
**SPORTS**  
JKNAUFF@BCFYMCA.ORG



FALL 1 2025 REGISTRATION:  
MEMBERS AUG 23<sup>RD</sup> | NON-MEMBER AUG 27<sup>TH</sup>

# PICKLEBALL | BASKETBALL

## YOUTH PICKLEBALL

OPEN TO AGES 8+  
TUESDAY | 4:45 - 5:45  
\$35 MEMBER | \$55 NON-MEMBER



## LADDER LEAGUE

- **MONDAY**
  - EARLY LEAGUE 5:30-7:00 PM
  - LATE LEAGUE 7:00-8:30 PM
  - MAX 30 FOR EACH
  - \$35 MEMBER / \$55 NON-MEMBER
  - SESSION: OCTOBER 20<sup>TH</sup> - DEC 16<sup>TH</sup>
- **TUESDAY**
  - 6:00-8:30 PM
  - MAX 40 PEOPLE
  - \$35 MEMBER / \$55 NON-MEMBER
  - OCTOBER 21<sup>ST</sup> - DEC 17<sup>TH</sup>
- **THURSDAY**
  - 5:30-8:30 PM
  - MAX 40 PEOPLE
  - \$35 MEMBER / \$55 NON-MEMBER
  - OCTOBER 23<sup>RD</sup> - DEC 18<sup>TH</sup>

SOCIAL. ACTIVE.  
COMPETITIVE.



JKNAUFF@BCFYMCA.ORG

BUTLER YMCA  
**SPORTS**

## ADULT BASKETBALL

SEASON SEPT 24<sup>TH</sup> - NOV 19<sup>TH</sup>  
TEAM FEE: \$325.00





# SWIM LESSONS AT THE BUTLER YMCA

## GROUP LESSONS

Learn to swim in a safe, supportive, and fun group environment! Our YMCA group swim lessons help swimmers of all ages and skill levels build confidence, improve technique, and stay active. Taught by certified instructors, lessons focus on water safety, skill development, and personal growth—all while making new friends in the pool!



SOCIAL,  
SUPPORTIVE,  
FUN

## PRIVATE LESSONS

Get personalized attention and faster results with private swim lessons at the YMCA. Designed for all ages and skill levels, these one-on-one sessions are tailored to meet your individual goals—whether you're learning to swim, refining technique, or overcoming fear of the water. Flexible scheduling and focused instruction help you progress at your own pace.



PERSONALIZED,  
FOCUSED,  
FLEXIBLE

BUTLER YMCA  
**SWIM LESSONS**  
MFWOWER@BCFYMCA.ORG





# SWIM TEAM AT THE BUTLER YMCA



## BUTLER BARRACUDAS

The Butler Barracudas YMCA Swim Team offers swimmers of all levels the chance to improve technique, build endurance, and compete in a supportive team environment. With skilled coaching and a focus on sportsmanship and personal growth, swimmers gain confidence both in and out of the pool while having fun and making lasting friendships.

## JUNIOR BARRACUDAS

Jr. Barracudas is a program for youth ages 6-12 yrs old who want to learn the skills necessary to successfully enter our Butler Barracuda Swim Team.

\$55 Member | \$75 Non-member

STRONG. FAST. SKILLED.



BUTLER YMCA  
**SWIM TEAM**  
JKNAUFF@BCFYMCA.ORG





# YMCA



## CHILDCARE, PREK & YOUTH

Our Child Care Programs offer a vibrant and nurturing environment designed to foster the growth and development of young minds.

**Curiosity Encouraged. Confidence Grown.**



**BUTLER YMCA**

### Child Care Services

339 North Washington Street  
Butler, PA 16001  
724-287-4733  
ktennent@bcfymca.org



**6 WEEKS - SCHOOL AGE  
SUBSIDIES ACCEPTED  
M-F 6:30 AM - 5:30 PM**

**SOUTH BUTLER YMCA CHILD CARE**

### Y Kids Academy Preschool

650 Saxonburg Road  
Butler, PA 16002  
724-352-8810  
tbennetti@bcfymca.org



**6 - 12 YEARS OLD  
SUBSIDIES ACCEPTED  
M-F 6:30 AM - 5:30 PM**



### ARTS & EDUCATION

Offered at both locations!

**PREK - 17YRS | SCHOLARSHIPS OFFERED**





*Intimate gatherings at our local park*

## Your wedding at ARMCO Park

Book your big day, starting at **ONLY \$4,800** for the entire weekend!

*Coming soon Cabins and Tiny House*



### Natural Beauty

Peaceful riverside views, open fields, and wooded backdrops make for a stunning outdoor ceremony.

### Flexible & Convenient

Multiple shelter options, plenty of space, and on-site amenities make planning simple and stress-free.

### Budget-Friendly with Local Impact

Affordable rates support a cherished community space — a meaningful way to celebrate your big day.