

## **ROSE E. SCHNEIDER FAMILY YMCA**

TOM MURRAY FAMILY AQUATICS CENTER

## Fall 2025: August 31st - November 29th LAP POOL SCHEDULE

\*Lifeguard Course October 22-26 Will be using 2 Lap Lanes, times vary. \*\*Private Swim Lessons may ask to share Lane 5 at any given time.

\*\* Dive in Movie 9/19. Pool Closes at 6pm

|                        | *SUNDAY   | MONDAY  | TUESDAY   | * WEDNESDAY   | THURSDAY  | FRIDAY   | *SATURDAY   |
|------------------------|---|---|---|---|---|--|---|
| 5:30am<br>6:00<br>6:30 | Closed  | Open/Split Swim <b>5 Lanes Available</b> 5:30AM-9:00AM                              | Open/Split Swim 5 Lanes Available 5:30AM-8:00AM  Aqua Class 3 Lanes Available 8:00AM-9:00AM | Open/Split Swim  5 Lanes Available 5:30AM-9:00AM                            | Open/Split Swim <b>5 Lanes Available</b> 5:30AM-8:00AM        | Open/Split Swim <b>5 Lanes Available</b> 5:30AM-8:00AM       | Open Competitive<br>Swimming<br><b>No Lanes Available</b><br>5:30AM-7:30AM  |
| 7:00<br>7:30           |   |   |   |   |   |  |   |
| 8:00                   | Open/Split Swim 5 Lanes Available 8:00AM-11:00AM  GFF Program 2 Lanes available 11AM-12PM |   |   |   | Aqua Class  3 Lanes Available 8:00AM-9:00AM                   | Aqua Class  3 Lanes Available 8:00AM-9:00AM                  | Masters  3 Lanes Available 7:30AM-9:00AM  |
| 8:30                   |   |   |   |   | 0.00AN 5.00AN   | 0.00AN 9.00AN  | 7.30AM 3.00AM   |
| 9:00<br>9:30           |   | Aqua Class  3 Lanes Available 9:00AM-10:00AM  | Open/Split Swim <b>5 Lanes Available</b> 9:00AM-12:00PM                                     | 3 Lanes Available<br>9:00AM-10:00AM   | Open/Split Swim<br><b>5 Lanes Available</b><br>9:00AM-12:00PM | Open/Split Swim<br><b>5 Lanes Available</b><br>9:00AM-3:00PM | Swim Lessons 4 Lanes Available 9:00AM-12:00PM   |
| 10:00                  |   |   |   | Open/Split Swim  5 Lanes Available  10:00AM-3:00PM                          |   |  |   |
| 10:30                  |   | Open/Split Swim 5 Lanes Available 10:00AM-12:00PM                                   |   |   |   |  |   |
| 11:00                  |   |   |   |   |   |  |   |
| 11:30<br>Noon          |   |   | Military (2 Lanes) 3 Lanes Available 12:00PM-2:00PM   | Swim Team<br><b>No Lanes Available</b><br>3:00PM-4:45PM                     | Military (2 Lanes) 3 Lanes Available 12:00PM-2:00PM           |  |   |
| 12:30                  | Open/Split Swim 5 Lanes Available 8:00AM-11:00AM  | Swim Lessons  3 Lanes Available  12:00AM-2:00PM                                     |   |   |   |  |   |
| 1:00                   |   |   |   |   |   |  | Open/Split Swim 5 Lanes Available 9:00AM-3:00PM  GFF 2 Lanes Available 3:00PM-4:00PM  Open/Split Swim 5 Lanes Available 4:00PM-5:30PM |
| 1:30<br>2:00           |   | Open/Split Swim   | Swim Team  No Lanes Available 3:00PM-4:45PM   |   | Swim Team<br><b>No Lanes Available</b><br>3:00PM-4:45PM       |  |   |
| 2:30                   |   | 5 Lanes Available<br>2:00PM-3:00PM  |   |   |   |  |   |
| 3:00                   |   | Swim Team <b>No Lanes Available</b> 3:00PM-4:45PM                                   |   |   |   | Swim Team No Lanes Available                                 |   |
| 3:30<br>4:00           |   |   |   |   |   |  |   |
| 4:30                   | Closed  | Swim Team<br>Swim Lessons<br><b>1 Lane Available</b><br>4:45PM-6:00PM               | Swim Team  2 Lanes Available 4:45PM-7:15PM  | Swim Lessons<br>Swim Team & GFF<br><b>1 Lane Available</b><br>4:45PM-8:15PM | Swim Team  2 Lanes Available 4:45PM-7:15PM                    | 3:00PM-4:45PM  |   |
| 5:00                   |   |   |   |   |   | Swim Team  2 Lanes Available 4:45PM-7:15PM                   |   |
| 5:30                   |   |   |   |   |   |  |   |
| 6:00                   |   |   |   |   |   |  |   |
| 6:30                   |   | Swim Team 2 Lanes Available 6:00PM-7:00PM  Swim Team 1 Lane Available 7:00PM-8:15PM |   |   |   |  |   |
| 7:00                   |   |   | Swim Team  3 Lanes Available 7:15PM-8:30PM  |   | Swim Team  3 Lanes Available 7:15PM-8:30PM                    | Swim Team  3 Lanes Available 7:15PM-8:30PM                   |   |
| 7:30                   |   |   |   |   |   |  | Closed  |
| 8:00                   |   |   |   |   |   |  |   |
| 9:00                   |   | Open/Split Swim <b>5 Lane Available</b> 8:15PM-9:30PM                               | Open/Split Swim <b>5 Lanes Available</b> 8:30PM-9:30PM                                      | Open/Split Swim <b>5 Lanes Available</b> 8:15PM-9:30PM                      | Open/Split Swim <b>5 Lanes Available</b> 8:30PM-9:30PM        | Open/Split Swim <b>5 Lanes Available</b> 8:30PM-9:30PM       |   |
| 9:30pm                 |   |   |   |   |   |  |   |

- Open competitive swim is for advanced swimmers of all ages to train with our swim team and master swim team coached free of charge.
- Sauna/Steam Room/Whirl Pool: users must be 18 and over.
- Private Swim Lessons may take place during open swim times.
- Children wearing PFDs must be within arm's length of adult supervision.
- Please observe all posted rules in the Aquatic Center.
- Schedule is subject to change