# AQUATIC SCHEDULE BUTLER YMCA Begins September 2, 2025

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am 6:00 6:30 7:00 7:30 8:00 8:30	CLOSED		<b>Open Swim</b> 5:30am- 8:00pm		<b>Open Swim</b> 5:30am-9:00am	Open Swim 5:30am-10:15am ====================================	<b>Open Swim</b> 5:30am-9:00am	<b>Open Swim</b> 5:30am-11:30am
9:00 9:30				<b>Open Swim</b> 5:30am-12:00pm	Pool Jogging w/HIIT Blasts & Abs 9:00am-10:00am	(1 lane) 9:00am-10:00am	Kicks & Currents 9:00am-10:00am	
10:00 10:30 11:00	<b>Open Swim</b> 10:00am- 2:00pm	<b>Open Swim</b> 10:00am- 2:00pm			<b>Open Swim</b> 10:00am-1:00pm	Aqua for Arthritis 10:15am-11:00am	_	
11:30						Gentle Water Exercise 11:00am-11:45am	Open Swim 10:00am-1:00pm	Aqua Weight Training 11:30am-12:15pm
Noon 12:30				Work it in the Water 12:00pm-12:45pm		<b>Open Swim</b> 11:45am-1:00pm		<b>YOGA H20</b> 12:15pm-1:00pm
1:00 1:30 2:00 2:30	CLOSED		Butler Swim Team (4 lanes) 1 lane open 4:00pm-7:00pm	<b>Open Swim</b> 12:45pm-5:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm
3:00 3:30 4:00 4:30					Open Swim 3:00pm-8:00pm	<b>Open Swim</b> 3:00pm-5:45pm		<b>Open Swim</b> 3:00pm-5:00pm
5:00 5:30 6:00				Swim Lessons 5:00pm-7:15pm	Butler Swim Team (4 lanes) 1 lane open 4:00pm-7:00pm	Swim Lessons 5:45pm-6:30pm	Open Swim 3:00pm-8:00pm  =======  Butler Swim Team (4 lanes)	Swim Lessons 5:00pm-7:00pm
6:30 7:00 7:30					Swim Lessons	Open Swim	1 lane opén 4:00pm-7:00pm	Onen Switze
8:00				<b>Open Swim</b> 7:15pm-8:00pm	<b>(1 lane)</b> 6:30pm-7:10pm	6:30pm-8:00pm		<b>Open Swim</b> 7:0pm-8:00pm

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available & have precedent over the lanes. They are scheduled at various times. Check w/the Swim Lesson Coordinator for times & pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- Birthday Parties are scheduled on Saturdays and Sundays in Pool 2. Please see signage for pool closures.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time
- Swim Lessons run week of September 8 through week of October 20, 2025.



## AQUATIC SCHEDULE BUTLER YMCA

## **Begins September 2, 2025**

		RSDAY		RIDAY	SATURDAY POOL 1 McLAUGHLIN		
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	
5:30am							
6:00							
6:30							
7:00	Open Swim						
7:30	5:30am-9:30am		Open Swim 5:30am-9:15am	Open Swim 5:30am-9:00am			
			3.304111 3.134111	31304111 31004111			
8:00		Open Swim					
8:30		5:30am-11:00am					
9:00 9:30						<b>Open Swim</b> 8:00am-9:00am	
10:00	Deep H20 Suspension		Aqua Intervals			=========	
	9:30am-10:30am		9:15am-10:15am				
10:30		=		YMCA Child Care Swim Lessons		Swim Lessons	
				9:00am-11:30am		9:00am-11:00am	
11:00	Open Swim	Gentle Water					
11:30	10:30am-1:00pm	Exercise					
		11:00am-11:45am	Open Swim				
Noon		Total Body	10:15am-7:00pm	Homeschool 11:30am-12:30pm			
		Conditioning		11.00a 12.00p	Open Swim		
12:30		12:00pm-12:45pm			8:00am-4:00pm		
1:00						Open Swim	
1:30	CLOSED	CLOSED				11:00am-4:00pm	
2:00	1:00pm-3:00pm	1:00pm-3:00pm					
2:30 3:00							
3:30	Open Swim						
	3:00pm-8:00pm			Open Swim			
	========		Butler Swim Team	12:30pm-7:00pm			
4:00		Open Swim	(4 lanes)				
4:30	Butler	3:00pm-6:30pm	1 lane open				
	Swim Team(4 lanes)		4:00pm-7:00pm				
5:00	1 lane open						
5:30 6:00	4:00pm-7:00pm						
6:30	=======	NEW! Gentle			CLOSED	CLOSED	
7:00	Swim Lessons	Water Exercise (Begins Sept 11)					
7:00	(1 Lane)	6:30pm-7:15pm					
7:30	6:15pm-7:00pm		CLOSED	CLOSED			
8:00	_	Open Swim 7:15pm-8:00pm					
0.00		7.13piii 0.00piii					



Test. Mark. Protect.

- Ages 12 and under must pick-up a swim band before entering the pool.
- Bands indicate swimming ability.
- Red= Non-Swimmer
- Green=Swimmer
- Ages 7 and under require reach supervision from an adult in the water regardless of band color.
- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.
- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

### Green Band Swim Testing Times

Monday-Wednesday 9:00am-6:30pm Friday 9:00am-6:30pm Saturday 8:00am-3:30pm Sundays 10:00am-1:30pm