AQUATIC SCHEDULE BUTLER YMCA Begins September 8, 2025

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am 6:00 6:30 7:00 7:30 8:00 8:30	CLOSED		Open Swim 5:30am- 8:00pm		Open Swim 5:30am-9:00am	Open Swim 5:30am-10:15am	Open Swim 5:30am-9:00am	Open Swim 5:30am-11:30am
9:00 9:30				Open Swim 5:30am-12:00pm	Pool Jogging w/HIIT Blasts & Abs 9:00am-10:00am		Kicks & Currents 9:00am-10:00am	
10:00 10:30 11:00 11:30	Open Swim 10:00am- 2:00pm	Open Swim 10:00am- 2:00pm			Open Swim	Aqua for Arthritis 10:15am-11:00am Gentle Water Exercise 11:00am-11:45am	Open Swim	Aqua Weight Training 11:30am-12:15pm
Noon 12:30				Work it in the Water 12:00pm-12:45pm	10:00am-1:00pm	Open Swim 11:45am-1:00pm	10:00am-1:00pm	YOGA H2O 12:15pm-1:00pm
1:00 1:30 2:00				Aqua Dance Party 1:00pm-1:45pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm
2:30 3:00 3:30 4:00 4:30	CLOSED		Butler Swim Team (4 lanes) 1 lane open 4:00pm-7:00pm	Open Swim 1:45pm-5:00pm	Open Swim 3:00pm-8:00pm	Open Swim 3:00pm-5:45pm	Open Swim 3:00pm-8:00pm ======= Butler Swim Team (4 lanes) 1 lane open 4:00pm-7:00pm	Open Swim 3:00pm-5:00pm
5:00 5:30				Swim Lessons 5:00pm-7:15pm	Butler Swim Team (4 lanes) 1 lane open 4:00pm-7:00pm	Swim Lessons 5:00pm-6:30pm		Swim Lessons 5:00pm-6:10pm
6:00 6:30 7:00					Swim Lessons (1 lane)	Open Swim 6:30pm-8:00pm		Open Swim 6:15pm-8:00pm
7:30 8:00				Open Swim 7:15pm-8:00pm	6:30pm-7:10pm			

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available & have precedent over the lanes. They are scheduled at various times. Check w/the Swim Lesson Coordinator for times & pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- Birthday Parties are scheduled on Saturdays and Sundays in Pool 2. Please see signage for pool closures.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time
- Swim Lessons run week of September 8 through week of October 20, 2025.



AQUATIC SCHEDULE BUTLER YMCA

Begins September 8, 2025

	THU	RSDAY	FF	RIDAY	SATURDAY		
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	
5:30am							
6:00	-						
6:30	-						
7:00	-						
7:30	Open Swim		Open Swim	Open Swim			
7.50	5:30am-9:30am		5:30am-9:15am	5:30am-9:00am			
8:00	1	0					
8:30		Open Swim 5:30am-11:00am				Open Swim 8:00am-9:00am	
9:00	-						
9:30	Deep H2O						
10:00	Suspension		Aqua Intervals				
	9:30am-10:30am	Gentle Water	9:15am-10:15am	YMCA Child Care Swim Lessons 9:00am-11:30am	Swim Lessons (1 lane) 9:30am-11:00am	Swim Lessons 9:00am-12:00pm	
10:30							
11:00	Open Swim						
11:30	10:30am-1:00pm	Exercise					
		11:00am-11:45am	Open Swim		========		
Noon	-	Tabal Darks	10:15am-7:00pm	Homeschool			
		Total Body Conditioning		11:30am-12:30pm			
12:30	4	12:00pm-12:45pm	•		Open Swim		
					8:00am-4:00pm		
1:00							
1:30 2:00	CLOSED 1:00pm-3:00pm	CLOSED 1:00pm-3:00pm				Open Swim	
2:30	1.00pm-5.00pm	1.000111-3.000111				12:00pm-4:00pm	
3:00							
3:30	Open Swim 3:00pm-8:00pm						
	3.00pm 0.00pm		Butler	Open Swim			
	========		Swim Team	12:30pm-7:00pm			
4:00	Butler	Open Swim	(4 lanes)				
4:30	Swim Team	3:00pm-6:30pm	1 lane open 4:00pm-7:00pm				
	(4 lanes)		-1.00pin-7.00pin				
5:00	1 lane open 4:00pm-7:00pm				CLOSED	CLOSED	
5:30 6:00							
6:30	=======	NEW! Gentle					
	Swim Lessons	Water Exercise 6:30pm-7:15pm					
7:00	(1 Lane)	0.30hiii-7:13hiij					
7:30	6:15pm-7:30pm	Open Swim	CLOSED	CLOSED			
8:00		7:15pm-8:00pm					



Test. Mark. Protect.

- Ages 12 and under must pick-up a swim band before entering the pool.
- Bands indicate swimming ability.
- Red= Non-Swimmer
- Green=Swimmer
- Ages 7 and under require reach supervision from an adult in the water regardless of band color.
- Red bands are restricted to shallow water and require adult reach supervision in the water at all times.
- Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

Green Band Swim Testing Times

Monday-Wednesday 9:00am-6:30pm Friday 9:00am-6:30pm Saturday 8:00am-3:30pm Sundays 10:00am-1:30pm