



	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B
5:30	CLOSED		Open Gym 5:30AM-8:45AM		Open Gym 5:30AM-8:45AM		Open Gym 5:30AM-9:15AM	
6:00								
6:30								
7:00								
7:30								
8:00	Open Gym 8:00AM-3:00PM	Pickleball 8:00AM-12:30PM		Pickleball Open Play 6:00AM-3:00PM			Pickleball Open Play 6:00AM-3:00PM	
8:30			Program Set-Up 8:45AM-9:00AM					
9:00			Land Group Exercise 9:00AM-10:45AM			Program Set-Up 9:15AM-9:30AM		Program Set-Up 9:15AM-9:30AM
9:30						Land Group Exercise 9:30AM-11:00AM		Land Group Exercise 9:15AM-10:45AM
10:00								
10:30				Program Set-Up 10:45AM-11:00AM				
11:00					Playful Connections 11:00AM-12:00PM			
11:30								
Noon		Birthday Parties* 12:00PM-2:00PM	Open Gym 12:30PM-3:00PM					
12:30								
1:00								
1:30								
2:00								
2:30								
3:00	CLOSED		Open Gym 10:45AM-9:30PM			Open Gym 12:00PM-9:30PM		
3:30								
4:00								
4:30								
5:00								
5:30								
6:00								
6:30								
7:00								
7:30								
8:00								
8:30								
9:00								
9:30								
*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.								
				Gym Guidelines & Open Gym Rules - Anyone in the gym will follow guidelines and rules posted in the gymnasium - The intentional destruction of Y property will not be tolerated. - Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted. - Youth 7 and younger must be accompanied by an adult. - Full Court play may be restricted when only one court is open. NO FOOD, DRINKS, OR GUM allowed in the gym.				

Winter 2025 | November 30th - December 31st

	THURSDAY		FRIDAY		SATURDAY				
	CT A	CT B	CT A	CT B	CT A	CT B			
5:30	Open Gym 5:30AM-9:00AM		Open Gym 5:30AM-9:00AM						
6:00									
6:30									
7:00		Open Gym 5:30AM-9:00AM		Special Event* Brunch with Santa 12/13 7:00AM-2:00PM Gym A & B					
7:30									
8:00									
8:30									
9:00	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:15AM-9:30AM	Pickleball Open Play 6:00AM-3:00PM	Pickleball 6:00AM-10:30AM				
9:30	Land Group Exercise 9:30AM-10:45AM	Land Group Exercise 9:30AM-11:00AM	Land Group Exercise 9:30AM-10:30AM						
10:00									
10:30	Playful Connections* 12/18 11:00AM-12:00PM		Program Set-Up 10:30AM-11:00AM						
11:00			Playful Connections 11:00AM-12:00PM						
11:30									
Noon									
12:30			Open Gym 12:00PM-1:30PM						
1:00									
1:30		Pickleball 1:00PM-2:30PM							
2:00	Open Gym 10:45AM-6:55PM	Open Gym 2:30PM-6:55PM	Pickleball 1:30PM-3:00PM			Open Gym 5:30AM-6:00PM			
2:30									
3:00									
3:30									
4:00									
4:30									
5:00									
5:30									
6:00									
6:30	Program Set-Up 6:55PM-7:00PM	Program Set-Up 6:55PM-7:00PM	Open Gym 3:00PM-9:30PM	Open Gym 3:00PM-9:30PM	Birthday Parties* 12:00PM-2:00PM	Open Gym 10:30AM-6:00PM			
7:00	Pickleball Ladder League 7:00PM-9:00PM	Pickleball Ladder League 7:00PM-9:00PM					Special Event* WICKED Fun Night 12/5 5:00PM-8:30PM		
7:30									
8:00									
8:30									
9:00	Open Gym 9:00PM-9:30PM	Open Gym 9:00PM-9:30PM							
9:30									