

# CAMP ROSE PLEDGE

I do hereby promise,
As a YMCA Counselor,
As a YMCA Camper,
As a YMCA CILT/Volunteer,
To follow the four core values of the YMCA
Which are as follows:
Respect,
Responsibility,
Caring,
And Honesty.
I will listen,
Be safe,
And have a great day today!

LET'S GO, CAMP ROSE!

Camp:
Connect+
Belong!

# CAMP ROSE PURPOSE

Our mission this summer is simple:
We want your child to come home more
confident than when they arrived. Whether they
are conquering a fear of the deep end or making
a new best friend, we are here to provide the
space for them to grow, lead, and belong.



Camp: Connect+ Belong!

# CAMP STRUCTURE

### **GRADE-SPECIFIC GROUPS:**

Campers are organized into groups based on both their age and current grade in school.

### STRUCTURED SCHEDULE & CURRICULUM:

Campers move as a group to different areas at our Y (both inside and outside). Each area has planned activities that all campers participate in. Squeezing Art, STEM, Cooking, and Swimming into each week's schedule! We will also be traveling for Field Trips on an (almost) weekly basis! On weeks we do not travel, we will have an activity visit us at Camp.

### **SUPERVISION & STAFFING:**

Campers are supervised by camp counselors, who maintain a 1:12 ratio during land activities and 1:8 ratio in the water.

Camp counselors will often have volunteers with them, who are completing our "Counselor in Training" Program.

The field trip ratio will be 1:10.

BEST & SUMMER EVER®







THINGS EACH CAMPER WILL NEED TO BRING TO CAMP EACH DAY:

- 1.BACKPACK
- 2. REFILLABLE WATER BOTTLE
- 3. SUNSCREEN
- 4. LUNCHBOX W/ PACKED LUNCH

CAMPERS WILL BE RESPONSIBLE FOR CARRYING THESE ITEMS WITH THEM AS THEY MOVE THROUGHOUT THE Y.

- PLEASE LABEL EVERYTHING WITH NAME & GRADE
- WE HIGHLY RECOMMEND YOUR CAMPER WEAR SOCKS & TENNIS SHOES DAILY!

# PLEASE PACK IN YOUR BACKPACK:



- Bathing suit
- Towel
- Lunch
- Snacks
- Sunscreen (that is able to be self-applied)
- Water bottle
- Extra change of clothes

# OTHER ITEMS TO CONSIDER PACKING:



- Extra snacks
- Sunglasses/hat
- Plastic bag for wet towels/ bathing suits
- Goggles for the pool
- Light jacket for cooler days

# WHAT <u>NOT</u> TO BRING X

# **PLEASE NOTE:**

CAMP ROSE AND THE ROSE E. SCHNEIDER FAMILY YMCA WILL NOT ASSUME RESPONSIBILITY FOR ANY LOST, STOLEN, OR DAMAGED ITEMS. WE ASK THAT VALUABLES BE LEFT AT HOME.

# PLEASE LEAVE AT HOME:

- ALL electronics (including phones, smart watches, and gaming systems)
- Large collections of trading cards, excessive fidgets, and toys
- Irreplaceable blankets, stuffed animals, loveys and jewelry
- ANY weapons or sharp objects, including pocket knives
- Anything with graphic images, curse words, or depicts violence

## **PLEASE NOTE:**

ANY ITEMS LEFT IN OUR LOST AND FOUND AFTER (8/21), WILL BE DONATED.

# WHAT WE DO ALL DAY

# PLAY

Campers will have the opportunity to play different sports and games each week in our gym and on our fields. Teamwork is strongly encouraged and supported!

# SWIM

Campers will swim twice a week in our indoor pool!

Campers will need to complete swim tests with our lifeguards and "band up" as their swimming skills improve. Swim testing will be done every Monday during camp.

 Pro Tip: Visit the Y in the months leading up to camp to test beforehand!

# TIME OUTSIDE

We have an amazing playground and some fantastic fields where campers get to play regularly. We know it gets hot – so we will absolutely have indoor time, and shady areas to cool off, too!

# **LEARNING**

Each week, campers will have new opportunities to learn and grow! STEM lessons, cooking experiences, and more are planned for each grade level-- Designed specifically to engage each age!

# EXTRAS & EXPERIENCES

## TREAT DAYS

Camp Rose has several pre-scheduled days for special visitors, such as Kona Ice and Dairy Queen, to come with treats. All campers will be able to participate in weekly treats. The cost of weekly treats is included in your weekly registration.

### **SNACK SHACK**

Snack Shack treats will be available daily for campers to buy additional snacks. Caregivers MUST give permission for campers to utilize the Snack Shack via "punch cards." Snack Shack digital "punch cards" can be purchased in increments of \$5.

All punch cards have to be under child's name. Snack Shack will circulate around camp one time per day, and those with "punch cards" will receive one treat. Punch cards are non-transferable amongst siblings, and will be available for purchase at the time of registration and afterward.



### **EXPERIENCES**

Camp Rose campers do not leave the Rose E. Schneider Family YMCA property during regular camp days. In addition to our scheduled field trips, we bring special experiences TO camp! These experiences include special guests, science demonstrations, inflatables, and so much more! Experiences will correspond with the weekly themes.

# CODE OF CONDUCT

# PARTICIPATION EXPECTATIONS

Camp Rose is a recreational day camp that utilizes indoor and outdoor space at our Cranberry Township location. Participants will swim (weather permitting) in our indoor aquatics center. Campers must be able to independently change in and out of swimsuits, apply their own sunscreen, be fully toilet trained, and utilize the bathroom without assistance.

Camp counselors provide support with a ratio of 1:12 on land and 1:8 in the water. Participants in our camp program are expected to maintain positive behaviors with this ratio in place.

## **ACCOMMODATIONS**

We welcome campers with a variety of needs and accommodations.

If a camper needs 1:1 assistance in order to successfully participate in our program, we are happy to allow support staff from an outside agency to join them at camp, as provided by the family.

All aides from outside companies must have all necessary certifications and clearances to attend Day Camp. Camp Rose cannot provide 1:1 support. If your loved ones utilize a TSS in school for behavioral support, we welcome a conversation about how our team can support these behaviors to ensure a positive experience for your camper and others.

The YMCA is at liberty to require this support for a camper if it is deemed necessary, after exploring all other support options within our ability. If Camp Rose is not a good fit for any camper at any time, the camper may be asked to leave.

For further questions regarding accommodations for your child, please contact: camprose@bcfymca.org

# CODE OF CONDUCT

#### BEHAVIORAL EXPECTATIONS

Campers and counselors at Camp Rose are expected to uphold the YMCA's core values at all times while under the YMCA's care, including during both on-site and off-site activities.

These core values are respect, responsibility, caring, and honesty.

Any participant who violates these core values may be subject to progressive discipline in accordance with our behavior management strategies.

- Our behavior policy is in place to ensure a safe, welcoming, inclusive, and positive environment
  for all. When an individual's behavior or actions disrupt that environment, we take the matter
  seriously. Our goal is always to work through concerns internally whenever possible, recognizing
  that there may be multiple factors influencing a child's behavior.
- The first level of intervention involves our Camp Coordinator connecting with the counselors and campers involved. Together, they will work to identify the root of the issue and implement appropriate behavior management strategies, such as separation, taking breaks, and encouraging apologies when appropriate. Any situation that requires counselor intervention will be communicated to families via ProCare messaging or at pick-up.
- If concerning behavior continues, or if initial interventions are not effective, the Youth and
  Family Director will step in to provide additional support, evaluate the situation, and determine
  next steps. In some cases, families may be contacted during camp hours to assist in supporting
  their child through the conflict resolution process.
- For instances like physical and verbal aggression, these circumstances will enact an immediate
  call home and evaluation of next steps. Our camp does not condone aggression or bullying
  towards any individual or group of people. "Bullying" is defined as ongoing and deliberate verbal,
  physical, or emotional aggression.
- The YMCA reserves the right to remove a child from camp if the values of the YMCA are not being upheld. If Camp Rose is not a good fit for a camper, the camper may be asked to leave for the day, or for the remainder of the Summer, at any time\*.
- Any concerning behavior that occurs off-site during a field trip will require parent or guardian
  pick-up immediately once the group has returned to the YMCA this includes any inappropriate
  action or undesired behavior that jeopardizes the safety of the individual, group, counselors, or
  community establishment's integrity/reputation.

\*Refunds will not be given for expulsion from Camp Rose, but we will cancel payment for any subsequent weeks, minus the \$50 registration fee.

# PRICING & PAYMENT

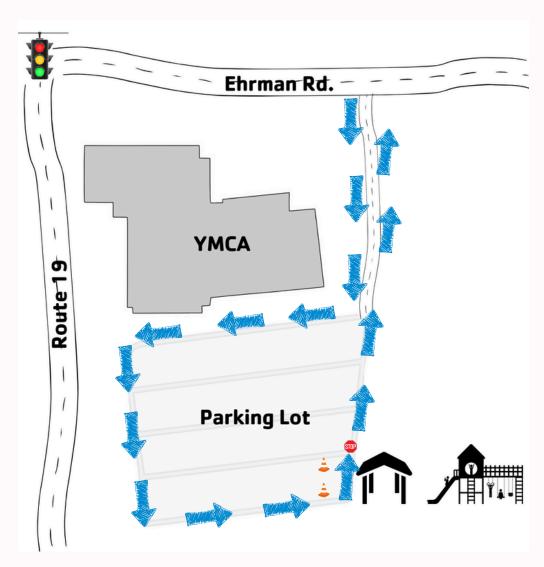
HOW MUCH DOES CAMP COST?	<ul> <li>\$220 / week for YMCA Members.</li> <li>\$240 / week for Non-Members.</li> <li>Includes a \$50 weekly deposit due at registration.</li> <li>No sibling discounts.</li> </ul>
WHEN ARE FEES DUE?	The deposit is due at the time of registration, per week. The remaining balance is scheduled on the <u>Tuesday before</u> each week of attending.
WHAT IS THE CANCELLATION POLICY?	<ul> <li>You may cancel registration the Monday before starting the following week of camp (7-day minimum notice).</li> <li>These cancellations must be made in writing to camprose@bcfymca.org.</li> <li>Deposits are non-transferrable.</li> <li>Deposits will not be refunded for personal schedule changes.</li> <li>Deposits may be refunded if Camp Rose is not the right fit for your camper. If camp is deemed not a good fit, the camper will be removed from any subsequent weeks of camp.</li> <li>Deposits may be refunded for a medical excuse removing a camper from camp on a week-to-week basis.</li> <li>If we are not informed of your cancellation until it is within 7 days of the week of camp, a full week of camp will be charged.</li> </ul>
WHAT IF WE ARE ON THE WAIT LIST?	<ul> <li>If your child is on the wait list for a particular week, he/she may be added to the roster up to one week prior to that week's start date. When this happens, a YMCA staff member will contact you for continued interest. If you claim this opening, you will automatically be charged the registration fee and billing will be scheduled.</li> <li>If you would like to be removed from a wait list, please indicate this in writing within 7 days (minimum notice) to camprose@bcfymca.org. Spaces are filled in order of registration.</li> </ul>
DOES MY CHILD GET A T-SHIRT?	<ul> <li>Yes, your child will receive a camp t-shirt! Depending on availability, additional shirts may be purchased for \$10 each. T- Shirts are expected to be worn on Mondays &amp; Field-Trip days.</li> </ul>

# DROP-OFF & PICK-UP

#### **ALL GRADES**

Drop-Off: 7:00AM-9:00AM | Pick-Up: 3:30PM-6:00PM

Drop-off and pick-up are both at our pavilion next to the playground. Please follow the arrows \*as shown below\* regardless if there is a line or not! An adult MUST drop each child off to a counselor. You may not walk your child to their group or let them walk up to check in alone.



Anyone picking up their child after 6PM will be charged a \$10.00 late fee, per 10 minutes, per child. After 30 minutes if we are unable to contact the guardians, emergency contact, or anyone on their pick-up list, we will contact the police to assist with contacting their guardians.

If there is an emergency or you know that you will be late, please call the YMCA at 724-452-9122 to inform staff.

# DROP-OFF AND PICK-UP

## **Inclement Weather**

In the event of heavy rain/storms, drop-off and pick-up will be INSIDE our YMCA. Please park your vehicle in a parking spot and walk your child inside for drop-off/pick-up. There will be arrow boards pointing you in the right direction. Notification for indoor drop-off/pick-up will be communicated via ProCare messaging.

# **LATE** Drop-off & **EARLY** Pick-up

Late drop-off is ANY time after 9:00 am. You must park your car, walk inside, and have the Membership Desk radio camp staff. Please wait for your camper to be properly checked in to camp. (Between 9:00 am-9:30 am, campers are participating in opening ceremonies, and there may be a delay in your camper joining the group)

Early pick-up is ANY time before 3:30 pm. You must park your car, walk inside, and have the Membership Desk radio camp staff for a pickup. Please wait at the desk for your camper to meet you to be properly signed out of camp. From 3:15pm-3:30pm campers are transitioning to their pick-up locations. If you intend on picking up during this timeframe, expect delays. To speed up this process, message a counselor via ProCare to prepare them, and our YMCA team. We will escort your camper to you as soon as staff is available, and other campers are safely in their designated areas.

# Pick-Up Authorization/Photo ID Policy

At the time of registration, you were prompted to authorize different trusted adults to pick up your child. You may add to this list at any time by logging into your account, or by stopping at our Membership Desk for help. We will ask to see photo ID before releasing your child to ANY adult. ALL campers must have a photo on file, and all connected adults in their household must as well. Please update Authroized Pick-Up information to your ProCare account.



# CAMP ROSE FIELD TRIPS

PLEASE NOTE: PreK will have the ability to travel on select trips!

#### Week 1

WED.. 6/10

#### Week 6

WED.. 7/15

- K-3<sup>rd</sup> Grade: Jellystone Kozy Rest
- 4<sup>th</sup>-6<sup>th</sup> Grade: TBD

- PreK-2nd Grade: Fun Fore All
- o 3<sup>rd</sup>-6<sup>th</sup> Grade: Fun Fore All

### Week 2

WED., 6/17

- Week 7
- WED.. 7/22

- K-3<sup>rd</sup> Grade: The Strand Theater
- 4th-6th Grade: Mars-Bethel Cornhole Golf

#### o 4th-6th Grade: Skate Castle

∘ K-3<sup>rd</sup> Grade: TBD

#### Week 3

WED.. 6/24

Week 8

WED.. 7/29

- K-3<sup>rd</sup> Grade: Family Bowlaway
- 4<sup>th</sup>-6<sup>th</sup> Grade: Elevate Trampoline Park

- K-3<sup>rd</sup> Grade: TBD
- 4<sup>th</sup>-6<sup>th</sup> Grade: TBD

#### Week 4

WED.. 7/1

#### Week 9

- PreK-2<sup>nd</sup> Grade: 424 Play Factory
- o 3<sup>rd</sup> 6<sup>th</sup> Grade: TBD

- PreK-6<sup>th</sup> Grade: STAY ON SITE
- Camp Rose Talent Show Friday (8/7)

#### WED., 7/8

#### Week 5

- K-3<sup>rd</sup> Grade: ARMCO Park
- o 4th-6th Grade: Jellystone Kozy Rest

### Week 10

WED., 8/12

- PreK-5<sup>th</sup> Grade: STAY ON SITE
- o 6th Grade: "6th Grade Send-off!" @ The Pittsburgh Zoo

\*6th Grade will be the only off-site Field Trip Group this week

### WHAT TO BRING

On Field Trip days, Campers should arrive to camp:

- In their camp t-shirt
- With a water bottle
- With a bagged lunch

On occasion, campers may leave their bags at the YMCA due to our locations bag rules. In these instances, families will be notified via ProCare or Weekly Camp email.

# CAMP ROSE FIELD TRIPS

## **TRANSPORTATION**

All campers registered for each field trip will be transported by bus to each off-site field trip. Any campers who miss the bus on departure from our YMCA will not be accommodated for their absence, resulting in not having camp provided for that day.

### **LUNCH DURING FIELD TRIPS**

All campers will be expected to bring a bagged lunch for each off-site field trip they attend, unless otherwise instructed. Campers will be enjoying lunch during scheduled lunch times on each trip. Lunch will be held in designated rooms, parks, and/or pavilions at each site.

### SUPERVISION ON FIELD TRIPS

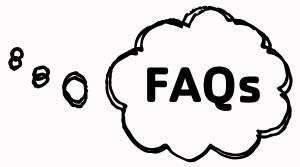
Supervision of campers on off-site field trips is heightened due to each trip being outside of our facility. The off-site ratio will be 1:10 compared to our normal 1:12 ratio. On each trip, at least one summer camp administration staff member will be attending.

# FIELD TRIP REGISTRATION

All campers who wish to participate in off-site field trips must be registered for that week of camp. Registration for off-site field trips will close on the Monday prior to the date of the trip, or once the maximum limit of participation has been met.

This additional registration is important – as many of the Field Trips require contracts with specific numbers, tickets, and payment. Additionally, we order buses based on the registration number. Registration for Field Trips is not to be dismissed until the week-of. We may not be able to accommodate your campers late registration / late interest.





### What is ProCare?

ProCare is an attendance system we use to assist with check-in and check-out of campers. We use this app for tracking ratio, attendance, and direct messaging to families. Things like registration and billing will be completed via our YMCA System - DAXKO.

Instructions on creating a ProCare account will be sent out following registration. Upon creation, be sure to update information like Authorized Pick-Up, Emergency Contacts, Allergies, and other information to best help us support your child at camp! The messaging system may be utilized to relay things like: Camp reminders, indoor drop-off/ pick-up, conflict support, photos of our day's activities, and sharing other camp happenings! Direct information regarding ProCare, account creation, and access will take place after registration.

# What if I need to pick up my child between 3:15pm-3:30pm?

During our transition period of 3:15 pm and 3:30 pm, please expect some delays in the transport of your child from our camp location to the Membership Desk. We will get your child to you as soon as all campers are safe at their pick-up location, and a staff member is available to walk with your child inside. This helps keep our groups in ratio, as well as safe while navigating heavy traffic areas like the parking lot. To speed up this process, give our teams a heads up! Message your counselors via ProCare, or call our Membership desk to leave a message. This way, we can coordinate and help make this a smoother process.

### Is food provided?

You must provide a breakfast (if needed), packed lunch, water, & snacks for your child.

If a camper comes without a lunch, parents will be charged a \$5 lunch fee to the account on file if lunch cannot be dropped in time for the camper's assigned lunch time.

<u>Snack Shack Punch Card:</u> Campers can purchase snacks with a snack shack punch card. This punch card can ensure your child has snacks throughout the day.

## Can my child's lunch be refrigerated or heated up?

A lunch should be sent daily in a bag or insulated lunch cooler marked with your child's name. We do not have the ability to refrigerate or heat up lunch items. Don't forget to pack utensils, too!

### Who can pick up my child?

For your camper's protection, only persons authorized by parents may pick up your child with valid identification. Anyone without proper authorization/ identification will be stopped from taking your child.

To add or edit authorized pickups: log into your account, click the "My Account" dropdown menu (found in the upper right-hand corner of the screen), click "Authorized Pickups" from the menu, and add or edit authorized pickups for your child. Staff at our Membership Desk can also help to add or edit authorized pickups. In an emergency, or if we do not have written consent, you will be contacted by a Summer Camp Staff to authorize a verbal release.



### Does my child need to bring sunscreen?

Yes, your child must bring sunscreen. We recommend wearing sunscreen to camp every morning. Campers will be encouraged and monitored by staff to reapply sunscreen a minimum of two times during our camp day. We encourage the use of hats or other sun protective gear. Counselors are not permitted to apply sunscreen to campers. Counselors verbally guide campers via step-by-step instruction and mirroring motions to support our younger campers.

### How do you handle medications?

Medications must be in the original prescribed container with the child's name and dosage. Parents will fill out a medication form that will remain with the camps Coordinator or Director.

Epi-Pens and Inhalers will be able to stay with the child's counselor in the grades' camp backpack in a labeled baggy. Other medications that needs to be given during camp hours may be stored in the Youth and Family Director's office and be given at the prescribed time. All medication given will be signed off with dosage amount and time given with staff initials.

## Why won't my child swim every day?

We know that the pool is one of the best places for youth to develop confidence around water. Campers swim several times a week (weather permitting). Campers will not swim every day due to the balance of YMCA Summer Camp and YMCA members during this busy season. This helps our YMCA Staff, Lifeguards, Counselors, and other Members.

Additionally, based on feedback and observations, many campers grow bored with swimming every day, resulting in many choosing to sit out towards the end of the week or the end of the camp season. Don't worry! We will have lots of other exciting and engaging activities to keep your camper stimulated throughout the day!

# What if I do not send my child on a Field Trip?

Campers who are not registered for field trips will not receive care this day. Families will be responsible for finding alternative care for their child. Campers are not automatically signed up for Field Trips based on camp registration – an additional registration is required. This is due to the updated off-site ratio, which does not allow for appropriate support for children to remain at the Rose E. Schneider Family YMCA campus.

Field Trips are an additional registration and fee, which is determined by the specific locations group rate, and busing fees. Our team has worked hard to establish valuable community connections, giving our campers access to exciting off-site activities!

## What happens on days when it's extra sunny or hot?

On days with a high heat index or excessive sun, we are sure to keep our groups alternating inside and outside – being diligent about not keeping any group outside for elongated periods of time. Our schedules will have structured indoor breaks for shade, water, and AC. In our outdoor spaces, we always have at least two large water coolers to keep kids hydrated, as well as designated shady spots like our pavilion! We may also pivot to indoor pick-up to keep the campers cool before heading home.



# What determines if Camp Rose is not the right fit for my child?

Some indications that Camp Rose may not be the best fit may be determined through things like behavior or conflict management. The first level of intervention involves our Camp Coordinator connecting with the counselors and campers involved. Together, they will work to identify the root of the issue and implement appropriate behavior management strategies, such as separation, taking breaks, and encouraging apologies when appropriate. Any situation that requires counselor intervention will be communicated to families via ProCare messaging or at pick-up. If concerning behavior continues, or if initial interventions are not effective, the Youth and Family Director will step in to provide additional support, evaluate the situation, and determine next steps. In some cases, families may be contacted during camp hours to assist in supporting their child through the conflict resolution process.

For instances like physical and verbal aggression, these circumstances will enact an immediate call home and evaluation of next steps. Our camp does not condone aggression or bullying towards any individual or group of people. "Bullying" is defined as ongoing and deliberate verbal, physical, or emotional aggression. While we try our best to support all campers and families, sometimes our training and resources cannot accommodate all behaviors. Camp Rose cannot provide 1:1 support. If your loved ones utilize a TSS in school for behavioral support, we welcome a conversation about how our team can support these behaviors to ensure a positive experience for your camper and others. The YMCA is at liberty to require this support for a camper if it is deemed necessary, after exploring all other support options within our ability.

If your child is not enjoying their experience at Camp Rose for any reason, we would encourage the camper or family to contact our team at <a href="mailto:camprose@bcfymca.org">camprose@bcfymca.org</a>. With information like this, we can discuss options and solutions. We recognize that our camp may not pique the interest of every camper, for various reasons – but we are always aiming to be better. If your camper expressed displeasure, let us know!

### I have another question!

Please email us at <a href="mailto:camprose@bcfymca.org">camprose@bcfymca.org</a>

