



Note:
Lane 3 is designated as a circle swim lane.

ROSE E. SCHNEIDER FAMILY YMCA
TOM MURRAY FAMILY AQUATICS CENTER

December 1 - March 1
LAP POOL SCHEDULE

*Lifeguard Course - Jan 14-18,
Will be using 2 Lap Lanes, times vary.
**Private Swim Lessons may ask to share Lane 5 at any given time.
**Jan 4 Mars/NC Home Swim Meet

	*SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	*SATURDAY							
5:30am	Closed	Open/Split Swim 5 Lanes Available 5:30AM-9:00AM	Open/Split Swim 5 Lanes Available 5:30AM-8:00AM	Open/Split Swim 5 Lanes Available 5:30AM-9:00AM	Open/Split Swim 5 Lanes Available 5:30AM-8:00AM	Open/Split Swim 5 Lanes Available 5:30AM-8:00AM	Open Competitive Swimming 0 Lanes Available 5:30AM-7:30AM							
6:00														
6:30			Aqua Class 3 Lanes Available 8:00AM-9:00AM		Aqua Class 3 Lanes Available 8:00AM-9:00AM	Aqua Class 3 Lanes Available 8:00AM-9:00AM	Masters 3 Lanes Available 7:30AM-9:00AM							
7:00														
7:30			Open/Split Swim 5 Lane Available 9:00AM-12:00PM		Open/Split Swim 5 Lane Available 9:00AM-12:00PM	Open/Split Swim 5 Lane Available 9:00AM-12:00PM	Open/Split Swim 9:00AM-10:00AM 5 Lanes Available							
8:00	Open/Split Swim 5 Lanes Available 8:00AM-11:00AM	Aqua Class 3 Lanes Available 9:00AM-10:00AM		Aqua Class 3 Lanes Available 9:00AM-10:00AM										
8:30														
9:00		Open/Split Swim 5 Lane Available 10:00AM-12:45PM		Open/Split Swim 5 Lanes Available 10:00AM-2:00PM										
9:30														
10:00	GFF Program 2 lanes available 11AM-12:30PM	Swim Lessons 3 Lanes Available 12:45PM-1:45PM	Military (2 Lanes) 3 Lanes Available 12:00PM-2:00PM	Swim Lessons 3 Lanes Available 2:00PM-3:00PM	Military (2 Lanes) 3 Lanes Available 11:00AM-1:00PM	Open/Split Swim 5 Lane Available 9:00AM-3:00PM	Swim Lessons 3 Lanes Available 10:00AM-12:00PM							
10:30														
11:00														
11:30	Open/Split Swim 5 Lanes Available 12:30pm-2:30pm	Open/Split Swim 5 Lane Available 1:45PM-3:00PM	Open/Split Swim 5 Lanes Available 200PM-3:00PM	Swim Team 0 Lanes Available 3:00PM-4:45PM	Open/Split Swim 5 Lanes Available 200PM-3:00PM	Swim Team 0 Lanes Available 3:00PM-4:45PM	Open/Split Swim 5 Lane Available 12:00PM-3:00PM							
Noon														
12:30		Swim Team 0 Lanes Available 3:00PM-4:45PM	Swim Team 0 Lanes Available 3:00PM-4:45PM		Swim Team 0 Lanes Available 3:00PM-4:45PM									
1:00														
1:30		Swim Team/Swim Lessons/GFF 1 Lane Available 4:45PM-8:15PM	Swim Team 2 Lanes Available 4:45PM-7:15PM	Swim Lessons/Swim Team/GFF 1 Lane Available 4:45PM-8:15PM	Swim Team 2 Lanes Available 4:45PM-7:15PM	Swim Team 2 Lanes Available 4:45PM-7:15PM								
2:00	Closed													
2:30														
3:00														
3:30	Swim Team/GFF 1 Lane Available 7:15PM-8:30PM													
4:00														
4:30	Swim Team 2 Lanes Available 4:45PM-7:15PM					Open/Split Swim 5 Lane Available 4:30PM-5:30PM								
5:00														
5:30														
6:00														
6:30														
7:00	Swim Team/GFF 1 Lane Available 7:15PM-8:30PM													
7:30														
8:00	Open/Split Swim 5 Lane Available 8:15PM-9:30PM	Open/Split Swim 5 Lane Available 8:30PM-9:30PM	Open/Split Swim 5 Lane Available 8:15PM-9:30PM	Open/Split Swim 5 Lane Available 8:30PM-9:30PM	Open/Split Swim 5 Lane Available 8:30PM-9:30PM	Closed								
8:30														
9:00														
9:30pm														

- ❖ Open competitive swim is for advanced swimmers of all ages to train with our swim team and master swim team coached free of charge.
 - ❖ Sauna/Steam Room/Whirl Pool: users must be 18 and over.
 - ❖ Private Swim Lessons may take place during open swim times.
 - ❖ Children wearing PFDs must be within arm’s length of adult supervision.
 - ❖ Please observe all posted rules in the Aquatic Center.
 - ❖ Schedule is subject to change
- TEST, MARK & PROTECT: ALL children 12 and under are required to wear a wristband in the facility.**

UPDATED
12/4 BP



ROSE E. SCHNEIDER FAMILY YMCA
TOM MURRAY FAMILY AQUATICS CENTER

December 1 - March 1

****Private Swim Lessons may ask to share Pool at any given time.**
****Jan 4 Mars/NC Home Swim Meet**

WARM WATER POOL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
5:30a	Closed	Open Swim 5:30AM-8:00AM	Open Swim 5:30AM-8:00AM	Open Swim 5:30AM-8:00AM	Open Swim 5:30AM-8:00AM	Open Swim 5:30AM-8:00AM	Open Swim 5:30AM-9:00AM			
6:00										
6:30										
7:00										
7:30										
8:00	Open Swim 8:00AM-10:00AM	**Aqua Class 8:00AM-11:15AM	**Aqua Class 8:00AM-11:00AM	**Aqua Class 8:00AM-11:15AM	**Aqua Class 8:00AM-11:00AM	**Aqua Class 9:00AM-10:00AM				
8:30										
9:00										
9:30	**Aqua Class			Adult Swim (With Small Group) 11:15AM-12:15PM		Adult Swim (With Small Group) 11:15AM-12:15PM				
10:00	10:00AM-11:00AM									
10:30	Open Swim 11:00AM-2:30PM	Adult Swim (With Small Group) 11:15AM-12:15PM	Adult Swim (With Small Group) 11:15AM-12:15PM Swim Lesson/Open Swim 12:30PM-2:00PM	Open Swim 12:15PM-4:45PM	Adult Swim Only 11:00AM-12:00PM	Open Swim 12:00PM-4:45PM	Open Swim 10:00AM-11:30AM			
11:00										
11:30		Open Swim 12:15PM-4:45PM	**Open Swim 2:00PM-4:45PM				Open Swim 12:15PM-4:45PM	Open Swim 12:00PM-4:45PM	Open Swim 12:15PM-9:30PM	Swim Lessons 11:30AM-12:30PM
Noon										
12:30										
1:00	Closed	Open Swim 12:15PM-4:45PM	Swim Lessons 12:30PM-2:00PM	Open Swim 12:15PM-4:45PM	Adult Swim Only 11:00AM-12:00PM	Open Swim 12:00PM-4:45PM	Open Swim 12:30PM-5:30PM			
1:30										
2:00										
2:30										
3:00										
3:30		Swim Lessons & Aqua Class 4:45pm-7:45pm	Swim Lessons 4:45pm-6:35pm	Swim Lessons & Aqua Class 4:45pm-7:45pm	Swim Lessons 4:45pm-6:35pm	Open Swim 12:15PM-9:30PM	Open Swim 12:30PM-5:30PM			
4:00										
4:30										
5:00										
5:30										
6:00		Open Swim 7:45PM-9:30PM	Open Swim 6:35PM-9:30PM	Open Swim 7:45PM-9:30PM	Open Swim 6:35PM-9:30PM	Open Swim 12:15PM-9:30PM	Closed			
6:30										
7:00										
7:30										
8:00										
8:30										
9:00										
9:30p										

Aquatic Programming Notes:
Warm Water Pool is CLOSED during **AQUA CLASSES and **SWIM PROGRAMS** (unless noted to share).
Family Fun Pool is CLOSED during scheduled **BIRTHDAY PARTIES** and **SWIM PROGRAMS**.
PRIVATE SWIM LESSONS may take place during Warm Water Pool and Family Fun Pool open swim times; please share.

FAMILY FUN POOL

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30a-8:00a							Open Swim Sprays On/Off 5:30AM-9:00AM
8:00	Open Swim No Sprays 8:00AM-11:00AM	Open Swim No Sprays 8:00AM-12:15AM	Open Swim No Sprays 8:00AM-12:15AM	Open Swim No Sprays 8:00AM-12:15AM	Open Swim No Sprays 8:00AM-11:00AM	Open Swim No Sprays 8:00AM-12:15AM	
8:30							
9:00							
9:30							
10:00							
10:30	<div>Possible Birthday Party 12pm</div> <div>Open Swim Sprays On (upon request)</div>						Open Swim No Sprays 9:00AM-12:30PM
11:00							
11:30							
Noon							
12:30							
1:00	Closed	Open Swim Sprays On/Off 12:15P-3:00PM	Open Swim No Sprays 12:30PM-2:00PM	Open Swim Sprays On/Off 12:15P-3:00PM	Open Swim Sprays On/Off 11:00AM-3:00PM	Open Swim Sprays On/Off 12:15P-3:00PM	Open Swim Sprays On/Off 12:30PM-5:30PM <div>Possible Birthday Party 12pm and/or 3pm</div>
1:30							
2:00							
2:30							
3:00							
3:30		Open Swim Sprays On/Off 2:00PM-3:00PM	Open Swim Sprays On/Off 3:00PM-8:00PM	Open Swim Sprays On/Off 3:00PM-8:00PM	Open Swim Sprays On/Off 3:00PM-8:00PM	Open Swim Sprays On/Off 3:00PM-8:00PM	
4:00							
4:30							
5:00							
5:30							
6:00							
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30p	Closed						Closed