



GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Maria DiMartin, Youth & Family Director
resysports@bcfymca.org

Winter 2026 | January 1st - March 1st

SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B
5:30							
6:00							
6:30	CLOSED						
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
Noon							
12:30	Birthday Parties* 12:00PM-2:00PM						
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30							
6:00							
6:30	CLOSED						
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							

*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.

Gym Guidelines & Open Gym Rules

- Anyone in the gym will follow guidelines and rules posted in the gymnasium
 - The intentional destruction of Y property will not be tolerated.
- Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.
 - Youth 7 and younger must be accompanied by an adult.
 - Full Court play may be restricted when only one court is open.

NO FOOD, DRINKS, OR GUM allowed in the gym.



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THURSDAY		FRIDAY		SATURDAY	
CT A	CT B	CT A	CT B	CT A	CT B
5:30					
6:00					
6:30					
7:00					
7:30					
8:00					
8:30					
9:00	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:00AM-9:30AM	Program Set-Up 9:15AM-9:30AM		
9:30	Land Group Exercise 9:30AM-10:45AM	Land Group Exercise 9:30AM-11:00AM	Land Group Exercise 9:30AM-10:30AM		
10:00					
10:30					
11:00					
11:30					
Noon					
12:30					
1:00					
1:30					
2:00					
2:30					
3:00					
3:30					
4:00					
4:30					
5:00					
5:30					
6:00					
6:30	Program Set-Up 6:55PM-7:00PM	Program Set-Up 6:00PM-7:00PM			
7:00					
7:30	Pickleball Ladder League 7:00PM-9:00PM	Pickleball Ladder League 7:00PM-9:00PM			
8:00					
8:30					
9:00	Open Gym 9:00PM-10:00PM	Open Gym 9:00PM-10:00PM			
9:30					

Youth Hockey*
(UNTIL 2/3)
4:00PM-5:00 PM