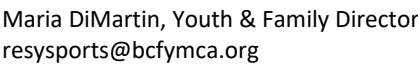


Winter 2026 | January 1st - March 1st

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY							
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B						
5:30	CLOSED		Open Gym 5:30AM-8:45AM	Open Gym 5:30AM-7:25AM	Open Gym 5:30AM-8:45AM	Open Gym 5:30AM-7:25AM	Open Gym 5:30AM-9:15AM	Open Gym 5:30AM-7:25AM						
6:00														
6:30														
7:00						Program Set-Up 7:25AM-7:30AM			Program Set-Up 7:25AM-7:30AM					
7:30														
8:00	Open Gym* 8:00AM-3:00PM	Pickleball 8:00AM-12:30PM	Program Set-Up 8:45AM-9:00AM	Pickleball Open Play 7:30AM-3:00PM	Program Set-Up 8:45AM-9:00AM	Pickleball Open Play 7:30AM-9:00AM	Open Gym 11:00AM-5:00PM	Program Set-Up 7:25AM-7:30AM						
8:30														
9:00														
9:30														
10:00														
10:30														
11:00														
11:30														
Noon		Birthday Parties* 12:00PM-2:00PM	Open Gym 12:30PM-3:00PM		Open Gym* 10:45AM-7:00PM	Youth Hockey* (Ends 2/3) 4:00PM-5:00PM		Open Gym* 12:00PM-5:00PM	Open Gym 11:00AM-5:00PM	Open Gym 12:00PM-4:45PM	Pickleball Open Play 7:30AM-3:00PM			
12:30														
1:00														
1:30														
2:00														
2:30														
3:00	CLOSED		Playful Connections* 1/12 & 2/9 11:00AM-12:00AM	Open Gym 3:00PM-4:00PM	Youth Basketball 4:00PM-7:00PM	Open Gym 5:00PM-6:30PM	Youth Hockey & Swim Team Dry Land 5:00PM-7:00PM	Youth Volleyball 5:00PM-8:30PM						
3:30														
4:00														
4:30														
5:00														
5:30														
6:00														
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7:00														
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9:00														
9:30														
*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.				<div>Gym Guidelines & Open Gym Rules</div> <ul style="list-style-type: none">Anyone in the gym will follow guidelines and rules posted in the gymnasium<ul style="list-style-type: none">The intentional destruction of Y property will not be tolerated.Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.<ul style="list-style-type: none">Youth 7 and younger must be accompanied by an adult.Full Court play may be restricted when only one court is open. <div>NO FOOD, DRINKS, OR GUM allowed in the gym.</div>										



	THURSDAY		FRIDAY		SATURDAY	
	CT A	CT B	CT A	CT B	CT A	CT B
5:30	Open Gym 5:30AM-9:00AM	Open Gym 5:30AM-7:30AM	Open Gym 5:30AM-9:00AM	Open Gym 5:30AM-7:25AM	Open Gym 5:30AM-9:00AM	Pickleball 5:30AM-9:00AM
6:00						
6:30						
7:00		Program Set-Up 7:25AM-7:30AM				
7:30		Pickleball Open Play 7:30AM-9:00AM				
8:00						
8:30						
9:00	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:00AM-9:30AM	Program Set-Up 9:15AM-9:30AM	Pickleball Open Play 7:30AM-3:00PM	Sports Explorations 9:00AM-10:00AM	Pickleball Clinics 9:00AM-11:30AM
9:30	Land Group Exercise 9:30AM-10:45AM	Land Group Exercise 9:30AM-11:00AM	Land Group Exercise 9:30AM-10:30AM			
10:00						
10:30	Open Gym* 10:45AM-6:55PM <div>Playful Connections* 1/24 & 2/26 11:00AM-12:00PM</div>	Open Gym 11:00AM-1:00PM	Program Set-Up 10:30AM-11:00AM		Open Gym* 10:00AM-6:00PM <div>Birthday Parties* 12:00PM-2:00PM</div> <div>Birthday Parties* 3:00PM-5:00PM</div>	Open Gym 11:30AM-6:00PM
11:00			Playful Connections 11:00AM-12:00PM			
11:30						
Noon						
12:30						
1:00						
1:30		Pickleball 1:00PM-2:30PM				
2:00						
2:30						
3:00		Open Gym 2:30PM-4:30PM				
3:30						
4:00						
4:30						
5:00		Sports Explorations 4:30PM-6:00PM				
5:30						
6:00	Program Set-Up 6:00PM-7:00PM	Open Gym* 12:00PM-10:00PM <div>Birthday Parties* 5:00PM-7:00PM</div>	Open Gym 6:00PM-7:45PM			
6:30	Program Set-Up 6:55PM-7:00PM					
7:00						
7:30	Pickleball Ladder League 7:00PM-9:00PM		Pickleball Open Play 7:30PM-9:00PM			
8:00						
8:30						
9:00	Open Gym 9:00PM-10:00PM		Open Gym 9:00PM-10:00PM			
9:30						
Youth Hockey* *(UNTIL 2/3)* 4:00PM-5:00 PM						