



GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Maria DiMartin, Youth & Family Director
resysports@bcfymca.org

Winter 2026 | January 1st - March 1st

SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B
5:30							
6:00							
6:30	CLOSED						
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							
10:00							
10:30							
11:00							
11:30							
Noon							
12:30	Birthday Parties* 12:00PM-2:00PM						
1:00							
1:30							
2:00							
2:30							
3:00							
3:30							
4:00							
4:30							
5:00							
5:30							
6:00	CLOSED						
6:30							
7:00							
7:30							
8:00							
8:30							
9:00							
9:30							

*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.

Gym Guidelines & Open Gym Rules

- Anyone in the gym will follow guidelines and rules posted in the gymnasium
 - The intentional destruction of Y property will not be tolerated.
- Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.
 - Youth 7 and younger must be accompanied by an adult.
 - Full Court play may be restricted when only one court is open.

NO FOOD, DRINKS, OR GUM allowed in the gym.



GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Maria DiMartin, Youth & Family Director

resysports@bcfymca.org

Winter 2026 | January 1st - March 1st

	THURSDAY		FRIDAY		SATURDAY	
	CT A	CT B	CT A	CT B	CT A	CT B
5:30						
6:00						
6:30						
7:00						
7:30						
8:00						
8:30						
9:00	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:00AM-9:30AM	Program Set-Up 9:15AM-9:30AM			
9:30	Land Group Exercise 9:30AM-10:45AM	Land Group Exercise 9:30AM-11:00AM	Land Group Exercise 9:30AM-10:30AM			
10:00						
10:30						
11:00						
11:30						
Noon						
12:30						
1:00						
1:30						
2:00						
2:30						
3:00						
3:30						
4:00						
4:30						
5:00						
5:30						
6:00						
6:30	Program Set-Up 6:55PM-7:00PM	Program Set-Up 6:00PM-7:00PM				
7:00						
7:30	Pickleball Ladder League 7:00PM-9:00PM	Pickleball Ladder League 7:00PM-9:00PM				
8:00						
8:30						
9:00	Open Gym 9:00PM-10:00PM	Open Gym 9:00PM-10:00PM				
9:30						

Youth Hockey*
(UNTIL 2/3)
4:00PM-5:00 PM