



- |        | SUNDAY                                 |  | MONDAY   |   | TUESDAY                               |  | WEDNESDAY  |                                      |
|--------|--|--|--|---|---------------------------------------|--|--|--------------------------------------|
|        | POOL 1                                 | MCLAUGHLIN                             | POOL 1   | MCLAUGHLIN  | POOL 1                                | MCLAUGHLIN                                       | POOL 1   | MCLAUGHLIN                           |
| 5:30am | <b>CLOSED</b>                          |  | <b>Open Swim</b><br>5:30am- 3:15pm   | <b>Open Swim</b><br>5:30am-10:00am                    | <b>Open Swim</b><br>5:30am-9:30am     | <b>Open Swim</b><br>5:30am-10:15am               | <b>Open Swim</b><br>5:30am-9:00am  | <b>Open Swim</b><br>5:30am-11:30am   |
| 6:00   |  |  |  |   |                                       |  |  |                                      |
| 6:30   |  |  |  |   |                                       |  |  |                                      |
| 7:00   |  |  |  |   |                                       |  |  |                                      |
| 7:30   |  |  |  |   |                                       |  |  |                                      |
| 8:00   |  |  |  |   |                                       |  |  |                                      |
| 8:30   |  |  |  |   |                                       |  |  |                                      |
| 9:00   |  |  |  |   | Kicks & Currents<br>9:00am-10:00am    |  |  |                                      |
| 9:30   |  |  |  |   |                                       |  |  |                                      |
| 10:00  |  |  |  |   |                                       |  |  |                                      |
| 10:30  | <b>Open Swim</b><br>10:00am-<br>2:00pm | <b>Open Swim</b><br>10:00am-<br>1:00pm | Swim Lessons<br>10:00am-10:30am  | Pool Jogging w/HIIT<br>Blasts & Abs<br>9:30am-10:30am | Aqua for Arthritis<br>10:15am-11:00am | <b>Open Swim</b><br>10:00am-3:00pm               | <b>Aqua Weight Training</b><br>11:30am-12:15pm   |                                      |
| 11:00  |  |  |  |   |                                       |  |  |                                      |
| 11:30  |  |  |  |   |                                       |  |  |                                      |
| Noon   |  |  |  |   |                                       |  |  |                                      |
| 12:30  |  |  |  |   |                                       |  |  |                                      |
| 1:00   |  |  | <b>FAMILY<br/>Swim</b><br>1:00pm-<br>2:00pm  | Open Swim<br>10:30am-12:00pm                          | <b>Open Swim</b><br>10:30am-3:00pm    |  | Gentle Water Exercise<br>11:00am-11:45am   | <b>YOGA H2O</b><br>12:15pm-1:00pm    |
| 1:30   |  |  |  |   |                                       |  |  |                                      |
| 2:00   |  |  |  |   |                                       |  |  |                                      |
| 2:30   |  |  | Aqua Dance Party<br>12:15pm-1:00pm   | <b>Open Swim</b><br>11:45am-5:15pm                    |                                       |  | <b>Knoch Swim Team<br/>(5 lanes)<br/>3:15pm-4:00pm<br/>(2 lanes)<br/>4:00pm-5:00pm<br/>=====</b><br><b>Butler Swim Team<br/>(3 lanes)<br/>4:00pm-8:00pm</b><br><br>1 lane available<br>5:00pm-7:00pm |                                      |
| 3:00   |  |  |  |   |                                       |  |  |                                      |
| 3:30   |  |  |  |   |                                       |  |  |                                      |
| 4:00   |  |  |  |   |                                       |  |  |                                      |
| 4:30   |  |  |  |   |                                       |  |  |                                      |
| 5:00   |  |  |  |   |                                       |  |  |                                      |
| 5:30   |  |  |  |   |                                       |  |  |                                      |
| 6:00   |  |  |  |   |                                       |  |  |                                      |
| 6:30   |  |  |  |   |                                       |  |  |                                      |
| 7:00   | <b>CLOSED</b>                          |  | Knoch Swim Team<br>(5 lanes)<br>3:15pm-4:00pm<br>(2 lanes)<br>4:00pm-5:00pm<br>===== | <b>Open Swim</b><br>2:00pm-5:00pm                     | <b>Swim Lessons</b><br>5:00pm-7:15pm  | <b>Swim Lessons</b><br>(1 lane)<br>5:30pm-6:10pm | <b>Open Swim</b><br>6:30pm-8:00pm  | <b>Swim Lessons</b><br>5:00pm-7:30pm |
| 7:30   |  |  |  |   |                                       |  |  |                                      |
| 8:00   |  |  |  |   |                                       |  |  |                                      |
|        |  |  |  |   |                                       |  |  |                                      |
|        |  |  |  |   |                                       |  |  |                                      |



# AQUATIC SCHEDULE

BUTLER YMCA  
Begins February 12, 2026

	THURSDAY		FRIDAY		SATURDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am	Open Swim 5:30am-9:30am	Open Swim 5:30am-11:00am	Open Swim 5:30am-9:15am	Open Swim 5:30am-9:00am		
6:00						
6:30						
7:00						
7:30						
8:00						
8:30						
9:00	Deep H2O Suspension 9:30am-10:30am		Aqua Intervals 9:15am-10:15am	YMCA Child Care Swim Lessons 9:00am-11:30am		Open Swim 8:00am-9:00am
9:30						Swim Lessons 9:00am-11:15pm
10:00						
10:30	Open Swim 10:30am-3:00pm	Gentle Water Exercise 11:00am-11:45am	Open Swim 10:15am-3:15pm	Homeschool (1 lane) 11:30am-12:30pm	Swim Lessons (1 lane) 9:45am-11:15am  =====	Open Swim 11:15am-4:00pm
11:00						
11:30						
Noon						
12:30						
1:00						
1:30	Knoch Swim Team (5 lanes) 3:15pm-4:00pm (2 lanes) 4:00pm-5:00pm =====	Total Body Conditioning 12:00pm-12:45pm	Knoch Swim Team (5 lanes) 3:15pm-4:00pm (2 lanes) 4:00pm-5:00pm =====	Butler Swim Team (3 lanes) 4:00pm-7:00pm =====	Open Swim 8:00am-4:00pm	
2:00						
2:30						
3:00						
3:30						
4:00						
4:30	Butler Swim Team (3 lanes) 4:00pm-8:00pm =====	Open Swim 12:45pm-6:30pm	1 Lane available 5:00pm-7:00pm	FAMILY Swim 6:00pm-7:00pm	CLOSED	CLOSED
5:00						
5:30						
6:00						
6:30						
7:00						
7:30	Open Swim 7:00pm-8:00pm	Gentle Water Exercise 6:30pm-7:15pm	CLOSED	CLOSED		
8:00		Open Swim 7:15pm-8:00pm				



**Test. Mark. Protect.**

• Ages 12 and under must pick-up a swim band before entering the pool.

• Bands indicate swimming ability.

• Red= Non-Swimmer

• Green=Swimmer

• Ages 7 and under require reach supervision from an adult in the water regardless of band color.

• Red bands are restricted to shallow water and require adult reach supervision in the water at all times.

• Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.

### Green Band Swim Testing Times

Monday-Wednesday 9:00am-6:30pm

Friday 9:00am-6:30pm

Saturday 8:00am-3:30pm

Sundays 10:00am-1:30pm