AQUATIC SCHEDULE

BUTLER YMCA

Begins March 2, 2026

724.287.4733

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN	POOL 1	McLAUGHLIN
5:30am	CLOSED		Open Swim 5:30am- 3:15pm	Open Swim 5:30am-9:15am	Open Swim 5:30am-9:30am	Open Swim 5:30am-10:15am	Open Swim 5:30am-9:00am	Open Swim 5:30am-11:30am
6:00								
6:30								
7:00								
7:30								
8:00								
8:30								
9:00							Kicks & Currents 9:00am-10:00am	
9:30				Swim Lessons ½ Pool (2 lanes open) 9:30am-10:30am	Pool Jogging w/HIIT Blasts & Abs 9:30am-10:30am			
10:00	Open Swim 10:00am-2:00pm	Open Swim 10:00am-1:00pm				Aqua for Arthritis 10:15am-11:00am	Open Swim 10:00am-3:00pm	
10:30				Open Swim 10:30am-12:00pm	Open Swim 10:30am-3:00pm			
11:00						Gentle Water Exercise 11:00am-11:45am		Aqua Weight Training 11:30am-12:15pm
11:30								
Noon				Aqua Dance Party 12:15pm-1:00pm		Open Swim 11:45am-5:15pm		YOGA H2O 12:15pm-1:00pm
12:30								
1:00		FAMILY Swim 1:00pm-2:00pm		Work it in the Water 1:15pm-2:00pm				Open Swim 1:00pm-5:00pm
1:30								
2:00	CLOSED			Open Swim 2:00pm-5:00pm				
2:30								
3:00			Knoch Swim Team (5 lanes) 3:15pm-4:00pm (2 lanes) 4:00pm-5:00pm ========== Butler Swim Team (3 lanes) 4:00pm-8:00pm 1 lane available 5:00pm-7:00pm		Knoch Swim Team (5 lanes) 3:15pm-4:00pm (2 lanes) 4:00pm-5:00pm ========== Butler Swim Team (3 lanes) 4:00pm-8:00pm ========== Swim Lessons (1 lane) 6:15pm-7:55pm		Knoch Swim Team (5 lanes) 3:15pm-4:00pm (2 lanes) 4:00pm-5:00pm ========== Butler Swim Team (3 lanes) 4:00pm-8:00pm	
3:30								
4:00								
4:30								Swim Lessons 5:00pm-6:00pm
5:00				Swim Lessons 5:00pm-7:15pm		Swim Lessons (1 lane) 5:30pm-7:10pm		
5:30								
6:00								Open Swim 6:10pm-8:00pm
6:30								
7:00			Open Swim 7:00pm-8:00pm		Open Swim 7:00pm-8:00pm	Open Swim 7:15pm-8:00pm		
7:30				Open Swim 7:15pm-8:00pm				
8:00								

- The Pool Schedule is SUBJECT TO CHANGE. Updated schedules will then be available at the Communication Board and on the website.
- Private Swim Lessons available & have precedent over the lanes. They are scheduled at various times. Check w/the Swim Lesson Coordinator for times & pool availability.
- No lap lane will be available when YMCA Child Care is swimming, OTHERWISE 1 lap lane will be available.
- Birthday Parties are scheduled on Saturdays and Sundays in Pool 2. Please see signage for pool closures.
- Water Group Fitness class sizes will be limited to 20 members in Pool 1 and 30 members in Pool 2
- During Water Group Fitness classes, only class participants are to be in Pool 2; no other members or guests are permitted in the pool.
- 6 persons max in the Whirlpool at one time

AQUATIC SCHEDULE

BUTLER YMCA

Begins March 2, 2026

	THURSDAY		FRIDAY		SATURDAY	
	POOL 1	**McLAUGHLIN**	**POOL 1**	**McLAUGHLIN**	**POOL 1**	**McLAUGHLIN**
5:30am	**Open Swim** 5:30am-9:30am	**Open Swim** 5:30am-11:00am	**Open Swim** 5:30am-9:15am	**Open Swim** 5:30am-9:00am		
6:00						
6:30						
7:00						
7:30						
8:00						**Open Swim** 8:00am-9:00am
8:30						
9:00				**YMCA Child Care Swim Lessons** 9:00am-11:30am	**Swim Lessons (1 lane)** 9:00am-10:30am **Swim Lessons (2 lanes)** 11:30am-12:30pm ========== **Open Swim** 8:00am-4:00pm	**Swim Lessons** 9:00am-11:15pm
9:30	**Deep H2O Suspension** 9:30am-10:30am		**Aqua Intervals** 9:15am-10:15am			
10:00						
10:30	**Open Swim** 10:30am-3:00pm		**Open Swim** 10:15am-3:15pm **Homeschool (2 lanes)** 11:30am-12:30pm			
11:00		**Gentle Water Exercise** 11:00am-11:45am				
11:30				**Homeschool (2 lanes)** 11:30am-12:30pm		
Noon		**Total Body Conditioning** 12:00pm-12:45pm				
12:30				**Aqua Dance Party** 12:45pm-1:30pm		
1:00		**Open Swim** 12:45pm-6:30pm				
1:30						
2:00						
2:30						
3:00	**Knoch Swim Team (5 lanes)** 3:15pm-4:00pm **(2 lanes)** 4:00pm-5:00pm ========== **Butler Swim Team (3 lanes)** 4:00pm-8:00pm ========== **Open Swim** 7:00pm-8:00pm		**Knoch Swim Team (5 lanes)** 3:15pm-4:00pm **(2 lanes)** 4:00pm-5:00pm ========== **Butler Swim Team (3 lanes)** 4:00pm-7:00pm ========== 1 Lane available 5:00pm-7:00pm	**Open Swim** 1:30pm-6:00pm		
3:30						
4:00						
4:30						
5:00						
5:30						
6:00						
6:30		**Gentle Water Exercise** 6:30pm-7:15pm		**FAMILY Swim** 6:00pm-7:00pm		
7:00			**CLOSED**	**CLOSED**	**CLOSED**	**CLOSED**
7:30		**Open Swim** 7:15pm-8:00pm				
8:00						

Test. Mark. Protect.

- *Ages 12 and under must pick-up a swim band before entering the pool.*
- *Bands indicate swimming ability.*
- *Red= Non-Swimmer*
- *Green=Swimmer*
- *<u>Ages 7 and under require reach supervision from an adult in the water regardless of band color.</u>*
- *<u>Red bands are restricted to shallow water and require adult reach supervision in the water at all times</u>.*
- *Only swimmers 8-12 years old who have passed the Green Band swim test are permitted in all areas of the pools without an adult.*

Green Band Swim Testing Times

Monday-Wednesday 9:00am-6:30pm
Friday 9:00am-6:30pm
Saturday 8:00am-3:30pm
Sundays 10:00am-1:30pm