



# GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Maria DiMartin, Youth & Family Director  
resysports@bcfymca.org

## Summer 2026 | June 1st - August 30th

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY																																
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B																															
5:30	CLOSED		<b>Open Gym</b> 5:30AM-8:45AM	<b>Open Gym</b> 5:30AM-7:25AM	<b>Open Gym</b> 5:30AM-10:25AM	<b>Open Gym</b> 5:30AM-7:25AM	<b>Open Gym</b> 5:30AM-9:15AM	<b>Open Gym</b> 5:30AM-7:25AM																															
6:00				Program Set-Up 7:25AM-7:30AM		Program Set-Up 7:25AM-7:30AM		Program Set-Up 7:25AM-7:30AM																															
6:30				Pickleball 7:30AM-9:00AM		Pickleball Open Play 7:30AM-9:00AM		Pickleball 7:30AM-9:00AM																															
7:00				Program Set-Up 8:45AM-9:00AM		Program Set-Up 9:15AM-9:30AM		Program Set-Up 9:15AM-9:30AM																															
7:30	<b>Open Gym*</b> 8:00AM-3:00PM		<b>Open Gym</b> 8:00AM-3:00PM	Camp Rose 9:00AM-11:30AM	Program Set-Up 10:25AM-10:30AM	Land Group Exercise 9:30AM-11:00AM	Land Group Exercise 9:15AM-10:45AM	Program Set-Up 10:45AM-11:00AM																															
8:00									Camp Rose 10:15AM-11:30AM	<b>Open Gym</b> 11:00AM-4:00PM	Program Set-Up 10:45AM-11:00AM	Open Gym 9:00AM-2:00PM																											
8:30									<b>Open Gym</b> 11:30AM-2:00PM				Camp Rose 12:00PM-1:30PM	<b>Open Gym</b> 10:45AM-4:45PM	Camp Rose 2:00PM-3:30PM																								
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<b>*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.</b>																																					<p><b>Gym Guidelines &amp; Open Gym Rules</b></p> <ul style="list-style-type: none"> <li>• Anyone in the gym will follow guidelines and rules posted in the gymnasium               <ul style="list-style-type: none"> <li>• The intentional destruction of Y property will not be tolerated.</li> </ul> </li> <li>• Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.               <ul style="list-style-type: none"> <li>• Youth 7 and younger must be accompanied by an adult.</li> </ul> </li> <li>• Full Court play may be restricted when only one court is open.</li> </ul> <p style="text-align: center;"><b>NO FOOD, DRINKS, OR GUM allowed in the gym.</b></p>		
<b>PLEASE NOTE:</b> Camp Rose programming may take priority over Open Gym space at any time in the event of inclement weather or other unforeseen circumstances, which may impact Open Gym availability.																																							



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	THURSDAY		FRIDAY		SATURDAY			
	CT A	CT B	CT A	CT B	CT A	CT B		
5:30	Open Gym 5:30AM-12:00PM	Open Gym 5:30AM-7:30AM	Open Gym 5:30AM-9:00AM	Open Gym 5:30AM-7:25AM	Open Gym* 5:30AM-9:00AM	Open Gym 5:30AM-7:25AM		
6:00				Pickleball Open Play 7:30AM-9:00AM		Program Set-Up 7:25AM-7:30AM	Pickleball Open Play 7:30AM-9:00AM	Program Set-Up 7:25AM-7:30AM
6:30						Land Group Exercise 9:30AM-11:00AM		
7:00		Program Set-Up 9:00AM-9:30AM		Program Set-Up 9:15AM-9:30AM			Pickleball Open Play 7:30AM-9:00AM	
7:30						Open Gym 11:00AM-1:00PM		Open Gym 10:30AM-1:30PM
8:00		Camp Rose 12:00PM-3:30PM		Camp Rose 1:30PM-3:30PM			Open Gym* 9:00AM-10:00PM	
8:30						Pickleball 1:00PM-2:30PM		Open Gym* 9:00AM-10:00PM
9:00		Open Gym 2:30PM-6:00PM		Open Gym* 3:30PM-10:00PM			Open Gym* 9:00AM-10:00PM	
9:30						Sports Explorations 5:00PM-7:30PM		Open Gym* 3:30PM-10:00PM
10:00		Pickleball 6:00PM-9:00PM June 4 - July 30		Open Gym* 3:30PM-10:00PM			Open Gym* 9:00AM-10:00PM	
10:30	Open Gym 9:00PM-10:00PM		Open Gym* 3:30PM-10:00PM		Open Gym* 9:00AM-10:00PM			
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