



GYMNASIUM SCHEDULE
ROSE E. SCHNEIDER FAMILY YMCA

Youth & Family Director
resysports@bcfymca.org

Fall 2026 | August 31st - November 29th

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY					
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B				
5:30	CLOSED		Open Gym 5:30AM-9:30AM	Open Gym 5:30AM-8:00AM	Open Gym 5:30AM-9:30AM	Open Gym 5:30AM-9:30AM	Open Gym 5:30AM-9:30AM	Open Gym 5:30AM-8:00AM				
6:00									Program Set-Up 7:55AM-8:00AM	Open Gym 5:30AM-8:00AM		
6:30												
7:00				Program Set-Up 7:55AM-8:00AM				Open Gym 5:30AM-8:00AM				
7:30												
8:00	Open Gym* 8:00AM-3:00PM	Program Set-Up 8:55AM-9:00AM	Pickleball Open Play 8:00AM-2:00PM	Open Gym 5:30AM-8:00AM	Open Gym 5:30AM-9:30AM	Open Gym 5:30AM-9:30AM	Open Gym 5:30AM-8:00AM					
8:30		Pickleball Open Play 9:00AM-10:30AM						Program Set-Up 9:15AM-9:30AM	Land Group Ex 9:30AM-10:15AM	Program Set-Up 9:15AM-9:30AM	Land Group Exercise 9:30AM-10:30AM	Program Set-Up 9:15AM-9:30AM
9:00												
9:30		Pickleball Open Play 8:00AM-2:00PM						Program Set-Up 10:30AM-11:00AM	Land Group Exercise 10:45AM-11:45AM	Program Set-Up 10:30AM-11:00AM		
10:00											Open Gym 10:30AM-3:00PM	Childcare Gym 11:00AM-11:45AM
10:30		Open Gym 10:15AM-5:15PM						Open Gym 2:00PM-3:50PM	Open Gym 11:45AM-5:15AM	Open Gym 10:30AM-4:45PM		
11:00											Open Gym 10:15AM-5:15PM	Open Gym 2:00PM-3:50PM
11:30		Open Gym 10:15AM-5:15PM						Open Gym 2:00PM-3:50PM	Open Gym 11:45AM-5:15AM	Open Gym 10:30AM-4:45PM		
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12:30		Open Gym 10:15AM-5:15PM						Open Gym 2:00PM-3:50PM	Open Gym 11:45AM-5:15AM	Open Gym 10:30AM-4:45PM		
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Gym Guidelines & Open Gym Rules

- Anyone in the gym will follow guidelines and rules posted in the gymnasium
 - The intentional destruction of Y property will not be tolerated.
- Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.
 - Youth 7 and younger must be accompanied by an adult.
- Full Court play may be restricted when only one court is open.

NO FOOD, DRINKS, OR GUM allowed in the gym.

*When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.

