



GYMNASIUM SCHEDULE
ROSE E. SCHNEIDER FAMILY YMCA

Youth & Family Director
resysports@bcfymca.org

Fall 2026 | October 11th - November 29th

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY						
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B					
5:30	CLOSED		Open Gym 5:30AM-9:15AM	Open Gym 5:30AM-7:25AM	Open Gym 5:30AM-9:15AM	Open Gym 5:30AM-7:25AM	Open Gym 5:30AM-9:30AM	Open Gym 5:30AM-7:25AM					
6:00													
6:30													
7:00													
7:30													
8:00	Open Gym* 8:00AM-3:00PM	Program Set-Up 8:25AM-8:30AM	Open Gym 5:30AM-9:15AM	Program Set-Up 7:25AM-7:30AM	Pickleball Open Play 7:30AM-9:00AM	Pickleball Open Play 7:30AM-9:00AM	Program Set-Up 7:25AM-7:30AM	Pickleball Open Play 7:30AM-9:00AM					
8:30													
9:00		Pickleball Open Play 8:30AM-11:30AM		Program Set-Up 9:15AM-9:30AM					Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:15AM-9:30AM			
9:30													
10:00				Land Group Ex 9:30AM-10:15AM					Land Group Ex 9:30AM-10:30AM	Land Group Exercise 9:30AM-10:30AM			
10:30													
11:00		Open Gym 11:30AM-5:15PM		Pickleball Open Play & Private Lessons 7:30AM-1:30PM					Open Gym 10:30AM-11:00AM	Program Set-Up 10:30AM-11:00AM	Open Gym 10:30AM-5:00PM	Pickleball Open Play 7:30AM-1:30PM	
11:30									Childcare Gym 11:00AM-11:45AM	Land Group Exercise 10:45AM-11:45AM			Pickleball Open Play & Private Lessons 12:15PM-4:30PM
Noon										Program Set-Up 11:45AM-12:15PM			
12:30													
1:00													
1:30	Open Gym 1:30PM-2:00PM		Open Gym 11:45AM-5:15AM		Pickleball Open Play & Private Lessons 12:15PM-4:30PM	Open Gym 1:30PM-4:15PM							
2:00	Pickleball Small Group 2:00PM-3:00PM												
2:30	Open Gym 3:00PM-3:50PM												
3:00	Program Set-Up 3:50PM-4:00PM												
3:30	CLOSED		Youth Basketball 4:00PM-7:15PM		Open Gym 11:45AM-5:15AM	Pickleball Open Play & Private Lessons 12:15PM-4:30PM	Open Gym 10:30AM-5:00PM	Pickleball Open Play 7:30AM-9:00AM					
4:00													
4:30													
5:00													
5:30													
6:00													
6:30													
7:00													
7:30													
8:00													
8:30													
9:00													
9:30													

- Gym Guidelines & Open Gym Rules**
- Anyone in the gym will follow guidelines and rules posted in the gymnasium
 - The intentional destruction of Y property will not be tolerated.
 - Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.
 - Youth 7 and younger must be accompanied by an adult.
 - Full Court play may be restricted when only one court is open.

NO FOOD, DRINKS, OR GUM allowed in the gym.

***When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.**

+ Open Gym available if no Pickleball Private Lessons are scheduled.

