GYMNASIUM SCHEDULE

ROSE E. SCHNEIDER FAMILY YMCA

Youth & Family Director
resysports@bcfymca.org

Fall 2026 | October 11th - November 29th

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY	
	CT A	CT B	CT A	CT B	CT A	CT B	CT A	CT B
5:30	CLOSED		**Open Gym 5:30AM-9:15AM**	**Open Gym 5:30AM-7:25AM**	**Open Gym 5:30AM-9:15AM**	**Open Gym 5:30AM-7:25AM**	**Open Gym 5:30AM-9:30AM**	**Open Gym 5:30AM-7:25AM**
6:00								
6:30								
7:00								
7:30				Program Set-Up 7:25AM-7:30AM		Pickleball Open Play 7:30AM-9:00AM		Program Set-Up 7:25AM-7:30AM
8:00	**Open Gym* 8:00AM-3:00PM**	Program Set-Up 8:25AM-8:30AM		Pickleball Open Play & Private Lessons 7:30AM-1:30PM				Pickleball Open Play 7:30AM-1:30PM
8:30		Pickleball Open Play 8:30AM-11:30AM						
9:00			Program Set-Up 9:15AM-9:30AM		Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:15AM-9:30AM	
9:30			Land Group Ex 9:30AM-10:15AM		Land Group Ex 9:30AM-10:30AM	Land Group Exercise 9:30AM-10:30AM	Land Group Exercise 9:30AM-10:30AM	
10:00								
10:30					**Open Gym 10:30AM-11:00AM**	Program Set-Up 10:30AM-11:00AM		
11:00						Land Group Exercise 10:45AM-11:45AM		
11:30		**Open Gym 11:30AM-5:15PM**			Childcare Gym 11:00AM-11:45AM	Program Set-Up 11:45AM-12:15PM	**Open Gym 10:30AM-5:00PM**	
Noon	Birthday Parties* 12:00PM-2:00PM		**Open Gym 10:15AM-5:45PM**	**Open Gym 1:30PM-2:00PM**		Pickleball Open Play & Private Lessons 12:15PM-4:30PM		**Open Gym 1:30PM-4:15PM**
12:30				Pickleball Small Group 2:00PM-3:00PM				
1:00								
1:30				**Open Gym 3:00PM-4:15PM**	**Open Gym 11:45AM-5:45PM**			
2:00				Program Set-Up 4:15PM-4:30PM		Program Set-Up 4:30PM-4:45PM		
2:30								
3:00	CLOSED						Program Set-Up 5:00PM-5:15PM	Program Set-Up 4:15PM-4:30PM
3:30						Sports Explorers 4:45PM-7:00PM		
4:00				Youth Basketball 4:30PM-7:15PM			Youth Volleyball 5:00PM-8:30PM	Pickleball Open Play 4:30PM-7:30PM
4:30								
5:00								
5:30			Program Set-Up 5:45PM-6:00PM		Program Set-Up 5:45PM-6:00PM			
6:00			Adult Volleyball 6:00PM-10:00PM		Adult Volleyball 6:00PM-10:00PM			
6:30								
7:00								
7:30								
8:00				**Open Gym 7:15PM-10:00PM**				**Open Gym 7:30pm-10:00PM**
8:30						**Open Gym 7:00PM-10:00PM**	**Open Gym 8:30PM-10:00PM**	
9:00								
9:30								

Gym Guidelines & Open Gym Rules

- Anyone in the gym will follow guidelines and rules posted in the gymnasium
- The intentional destruction of Y property will not be tolerated.
- Baseball, Softball, Lacrosse, Hockey, Racquet Sport play/practice is not permitted.
- Youth 7 and younger must be accompanied by an adult.
- Full Court play may be restricted when only one court is open.

NO FOOD, DRINKS, OR GUM allowed in the gym.

***When Birthday Parties or Special Events are not scheduled, court is available for Open Gym.**

+ Open Gym available if no Pickleball Private Lessons are scheduled.

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	THURSDAY		FRIDAY		SATURDAY	
	CT A	**CT B**	**CT A**	**CT B**	**CT A**	**CT B**
5:30	**Open Gym 5:30AM-9:30AM**	**Open Gym 5:30AM-7:25AM**	**Open Gym 5:30AM-9:00AM**	**Open Gym 5:30AM-7:25AM**	**Open Gym* 5:30AM-8:45AM**	**Open Gym 5:30AM-7:25AM**
6:00						
6:30						Program Set-Up 7:25AM-7:30AM
7:00						
7:30		Program Set-Up 7:25AM-7:30AM		Program Set-Up 7:25AM-7:30AM		Pickleball Open Play 7:30AM-10:30AM
8:00		Pickleball Open Play 7:30AM-9:00AM		Pickleball Open Play 7:30AM-12:00PM		
8:30						
9:00	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:15AM-9:30AM	Program Set-Up 9:15AM-9:30AM		Pickleball Clinics 8:45AM-11:45AM	
9:30	Land Group Exercise 9:30AM-10:30AM	Land Group Exercise 9:30AM-10:30AM	Land Group Exercise 9:30AM-10:30AM			
10:00						
10:30						**Open Gym 10:30AM-6:00PM**
11:00	**Open Gym 10:30AM-12:00PM**	**Open Gym 10:30AM-11:00AM**	**Open Gym 10:30AM-10:00PM**			
11:30		Pickleball Open Play 11:00AM-6:30PM			**Open Gym* 11:45AM-6:00PM**	
Noon	Homeschool Gym 12:00PM-1:00PM			**Open Gym 12:00PM-10:00PM**		
12:30						
1:00	**Open Gym 1:00PM-5:15PM**					
1:30						
2:00					Birthday Parties* 12:00PM-2:00PM	
2:30						
3:00						
3:30					Birthday Parties* 3:00PM-5:00PM	
4:00						
4:30						
5:00	Program Set-Up 5:15PM-5:30PM					
5:30	Deck Hockey 5:30PM-7:00PM					
6:00						
6:30		**Open Gym 6:30PM-7:00PM**				
7:00	Pickleball Ladder League 7:00PM-9:00PM	Pickleball Ladder League 7:00PM-9:00PM				
7:30						
8:00						
8:30						
9:00	**Open Gym 9:00PM-10:00PM**	**Open Gym 9:00PM-10:00PM**				
9:30						

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